



NSWIPP

NSW Institute of
Psychoanalytic
Psychotherapy

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NOVEMBER/DECEMBER 2022 NEWSLETTER

Editor: Laurie Lovell-Simons



Calendar of Meetings:

Monday 28 November 2022

****PRESENTATION FOR MEMBERSHIP**

Eng Lim – 7.45pm

**Saturday 3-Sunday 4 December
2022**

*****DADIRRI WEEKEND**

Sunday 4 December 2022

***END OF YEAR PARTY– 3-6pm**

**Open to trainees provided there are no
boundary issues.*

***Open to members, associates & guests only*

****Open to members & associates only*

**Monday 28 November 2022 -
7.45pm**

**Eng Lim presenting for Membership,
via Zoom: *When there is no silver
bullet.. slowly piecing the jigsaw
together..***

NSWIPP members, guest members,
associates & 2016 training group are
welcome to attend

RSVP online:

[https://nswipp.org/events/presentation-
for...mbership-eng-lim/](https://nswipp.org/events/presentation-for...mbership-eng-lim/)

**Saturday-Sunday 3-4 December
2022, NSWIPP premises, Glebe**

*****DADIRRI WEEKEND**

*Kindly note: this is for NSWIPP members &
associates only.*

RSVP to Lyndall: nswipp4@bigpond.com



End of Year Party

Sunday 4 December 3-6 pm

**Ahgora restaurant, 172 St Johns Rd,
Glebe**

**Members, associates, guest members,
affiliates, trainees & partners are
warmly invited to attend**

**To purchase your ticket please click on the
Trybooking link:**

<https://www.trybooking.com/CDROQ>

MESSAGE FROM LAURIE

(AGM President's report)

I began my first year as President with the spring of a wonderful hybrid Dadirri followed by a terrific end of year party.

We ended the year in great sadness and shock at the death of our much-loved member and friend, Mary Cameron, on the 16th October. I will say more of our loss of Mary and other losses later in my report.

We had also hoped that the worst of Covid was behind us and that we would have a chance to recover from the wear and tear on all of us from the previous 2 years, and return to meeting face to face.

In some ways this 3rd year was the weariest. But just as before everyone rallied around, and NSWIPP functioned extraordinarily well.

We continued with very supportive and well attended monthly clinical meetings, and professional development and supervisors' meetings. The Zoom meetings seem to have been a terrific incentive for out-of-town members, or those working late in the day on Mondays to attend when otherwise they may not have.

While we plan to continue with meeting on Zoom, we also hope to start offering more in-person occasions next year. I hope too that many of you will be able to attend our Dadirri weekend 3rd - 4th December and the End of Year party on 4th December.

Our membership has grown with our graduates and others joining. Congratulation to those trainees from the 2014 and 2016 group who have completed their training. The 2019 group are working towards completing their formal seminar program.

This year a very experienced new group of 5 trainees were interviewed and selected, and began their infant observation seminars in August. Donna Jacobs and Belinda Keatinge have taken over the reins of running these seminars after both Mary Cameron and Laurie Lovell-Simons stepped aside.

Our trainees and the training program are a very vital and valued part of NSWIPP's life. It was terrific to see many of our trainees engaged in the recent PPAA conference.

PPAA Conference

A large NSWIPP contingent of members and trainees recently attended our first in person conference in 3 years. The Melbourne event was very stimulating and it was such a delight to see those from other states and New Zealand once more – as well as those from NSWIPP!

Next year's conference will be in Auckland from 9th - 11th of September. The dates for future conferences are

under negotiation on the PPAA Council, and it is hoped that a new regular date can be chosen to make it easier for everyone to plan.

News from the PPAA

Through the ACPP, the Australian Confederation of Psychoanalytic Psychotherapies, the early stages of developing an Australian Register of Psychoanalytic Practitioners is underway and I do encourage you all to register.

Much work has been done by Christine Brett-Vickers from VAPP, to revitalise our PPAA journal, Australasian Journal of Psychoanalytic Psychotherapy and to bring us more into the digital era. Unfortunately, she will be stepping down soon so the PPAA Council will be looking for a new Editorial Chairperson.

NSWIPP Executive Committee

Laurie Lovell-Simons -President
Anne-Marie Swan - Immediate Past President
Vacant – President Elect
Maria Kourt – Hon secretary
Jan Williams -Treasurer and Premises
Julie Fletcher – Chair of Adult Training Board
Michael Moore – Chair of Ethics
Belinda Keatinge – Chair of Membership
Deborah Rozea – Chair of Public Issues Committee
Claire Pattison – Ordinary member
Julie Fletcher and Claire Pattison – Continuing Education
Natasha Bonnin – Website oversight

PPAA Councillors – Anne-Marie Swan, Michael Moore, Laurie Lovell-Simons

I am very pleased to announce that Belinda Keatinge has offered to step into the President elect position which has been vacant for the last year. This is wonderful news as it is so important that all committees have succession plans in mind: for the continuity of the Institute, but also as an encouragement to all members that if you do take on a committee role, that in a timely manner you can hand this on. This incentive is vital for our liveliness, diversity and inclusiveness.

I am very grateful to Belinda for stepping up. Many of you will have benefited from the terrific work she has been doing as Chair of the Membership Advisory Board, developing a streamlined and supportive process for those applying for membership.

I am also so very grateful to the members of the EC, who have all offered to remain for the year ahead: Anne-Marie Swan, Michael Moore, Jan Williams, Maria Kourt, Julie Fletcher, Belinda Keatinge, Claire Pattison, Natasha Bonin, Deborah Rozea. They have been a wonderful supportive committee to work with, available when needed, dedicated and creative.

Anne-Marie has provided warm wise counsel as immediate past president, so helpful with the continuity of the work, as has Michael with his broad experience across a number of roles. Jan has done so much to keep our finances and premises in good order, Natasha has kept an eye on our website and monthly clinical meeting program, Claire and Deborah are planning some great professional developments for 2023. Deborah continues to keep an eye on relevant public issues, and Maria contributing as secretary.

I particularly want to acknowledge Julie Fletcher on the dedicated and thoughtful work she has done in her first year as Chair of the Training Advisory Board. This is a huge responsibility and involves many levels of interaction and management with many members, trainees, committees and sub-committees.

I also want to particularly acknowledge Lyndall's wonderful support to me as President and to the EC and the whole organisation. Words cannot describe her invaluable contribution.

Some other EC news: We have returned to a past tradition of inviting new/newish members and associate members to attend an EC meeting as guests and observers.

Committee Work

I am very grateful for the dedication, hard work and deep thoughtfulness that the chairs of committees in particular, as well as the committee members, have continued to apply to their positions.

Each chair has provided a detailed report, which acknowledges the contribution of so many of our members to keep us functioning well. I hope you have had a chance to read their reports. For those perhaps hesitating to become involved, these committees also provide a wonderful chance to get to know others in our organisation as well as have some fun working on interesting issues.

Other Initiatives

Brad Freeman and Penny Jools now co-facilitate a monthly writing group for interested members – an initiative that emerged from our 2021 Dadirri. There has been an enthusiastic response and the year ahead will provide an opportunity to refine the concept.

Sad losses

I will conclude my report by acknowledging some sad losses. A fuller tribute will be recorded in the next newsletter.

Mary Cameron died suddenly of a heart attack on 16th October.

How much Mary meant to NSWIPP and members personally was how readily on the Sunday evening of her death, 15 members and trainees attended an open house gathering at our Glebe premises, and 8 on line, to share our grief and shock and to remember Mary. Many others were also in touch that day when they received the sad news.

[Please see Vale to Mary later in newsletter]

Craig Powell died in late August this year at the age of 82.

[Please see Vale to Craig later in newsletter]

Elke Andrees had trained with, and been a member of, NSWIPP till some years ago. She died suddenly in September, and her loss was felt

keenly by a number of members, some who were still in contact with her.

These deaths of course remind us all of our own mortality, our resilience and our vulnerability. They are also an opportunity for gratitude, not only for much that is personal, but also for the privilege to practice and share the mysteries, magic, travails and sorrows of this work with others in a warm and supportive organisation.

This last year it has been a great privilege to connect with so many of you.

Best wishes to you all for a relaxing and well-earned rest over the festive season and I look forward to our having a happy, prosperous and successful New Year.

Laurie

BIO – Eng Lim, who will present for Membership on Monday 28 November 2022

Eng Lim is a psychiatrist in private practice based in Rozelle. Eng first started his medical training in 1993 as an international student at Sydney University. He completed his initial training in 1999 and did his internship at RPA. Following that he spent six months working for the NHS in the UK then returned to Australia where he worked in Perth as Junior Medical Officer in geriatric care, orthopaedics and ICU. He later completed a diploma of Paediatrics at the Sydney Children's Hospital in Randwick and then undertook his psychiatric training in various different hospitals across Greater Sydney. After he completed his psychiatric fellowship in 2011 he set up a private practice in the inner west which he still operates today. He is currently embracing fatherhood and in his leisure time enjoys kayaking in the iconic Sydney harbour.

Contact details:

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and

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PUBLIC ISSUES: Dr Deborah Rozea
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Vale Mary Cameron

Mary Cameron died in hospital on 16th October, 2022. Her death was sudden, unexpected and left many of us in NSWIPP, members and trainees alike, deeply saddened and bereft.

Over many decades, I had the privilege of experiencing Mary living her word: as a loving and devoted wife and mother, as a dear friend to many, as a much-valued colleague, and as a trusted and dedicated supervisor and psychotherapist.

After graduating with a social work degree in 1969, and initial work in Australia, Mary worked in the UK for a couple of years, developing lifelong connections with colleagues there, before returning to Australia in the late 70s via a grand tour of Asia. Upon returning Mary worked in Burwood and then Canterbury Child and Family Centre, where her interest in psychodynamic work was sparked. Mary later worked at the Children's Hospital at Camperdown with Cystic Fibrosis before gradually moving into private practice in the 1990s.

Over the years Mary's generous spirit reached into many organisations and informal groupings: including mother/infant groups, PIFA and work with indigenous families, CCAFPAA, working with couples, NSW Institute of Psychiatry with infant observation, latterly as a volunteer working with refugee families.

But most significantly her generous spirit reached into her psychoanalytic home, NSWIPP. Beginning her psychoanalytic training with NSWIPP in 1990, becoming a full member in 1998, Mary quietly came into her own, in time becoming the heart and soul of our organisation.

I first met Mary in the late eighties. We followed similar pathways for the decades that followed and our friendship developed in strength over the last 20 years. I had the privilege of sharing our deeply intimate clinical material in supervision groups, our ideas on theory and practice in reading groups, and of working with Mary on many NSWIPP committees. Mary was always warm, deeply thoughtful, present, generous, kind, modest, respectful, and trustworthy. She trod this earth with an unselfconscious modesty.

Mary made the most of the possibilities we have to retire gradually. She loved the work and the collegial contact. She loved nurturing the new generation of therapists. It was hard for her to give this all up.

Though her spirit remained vibrant, her lifelong health issues were catching up with her. And she was after all 75.

Since her move to the Blue Mountains, Mary was giving more space to the pleasures of her personal interests, family, garden, art, volunteer work, daily walks and local trips with her husband Saul. And she was planning to complete some work commitments by the end of this year.

At the time of her death, Mary was a member of the training board with well over 20 years service, chair of our infant observation sub-committee, member and past chair of the Progress sub-committee, group liaison person for one of our current training groups, trainee adviser for one of our trainees, supervisor for another trainee, and facilitator of seminars. She was a regular attender at our Monday evening professional development and clinical meetings, supervisors' meetings, and at our annual Dadirri weekends. She was so very present.

Over the years she took on significant leadership roles: chair of the training board from 2007 till 2010, president of NSWIPP and member of the PPAA council from 2010 till 2013, She had also contributed occasional papers at our PPAA conference.

Since Mary's sudden death, It has been a privilege as President to have received so many expressions of grief, shock, and gratitude, from members, trainees, committee members, colleagues from other organisations, as well as patients and supervisees from far and wide. Our deep loss of Mary has also been keenly felt by members of the PPAA.

From those who worked alongside Mary from the 70's till today, the threads of deep appreciation, the sense of loss expressed, have been universal and wholehearted.

Here are a few excerpts from the many of messages.

What a steady, nurturing, warm presence Mary has been for us over all the years. Her spirit will always remain with us.

She has truly been a wise and guiding presence in the life of NSWIPP and she will be sorely missed but we must take her with us into the future to which she dedicated so much of her life through the training of those coming through.

Mary was the finest of human beings who guided us always with a firm and steady hand. She exemplified the best of analytic

ideals and was at all times a holding presence, smoothing differences away. I'm reminded of the words of the prophet Micah today: "These three things Yahweh asks of you: to act justly, to love tenderly and to walk humbly." Mary did them all.

She was a very empathic person with so much experience and warmth. She was such a generous hard working and kind person. What a blow for everyone.

Such a vibrant and well-loved colleague and can only imagine the reverberations of her death through the Institute.

Humble, offered counsel based on lived experience as well as knowledge, a great sense of humour.

Mary loved her garden, delighting in discovering the seasonal treasures of her cold climate patch when she moved to Wentworth Falls.

Mary's legacy to us at NSWIPP has been a garden of deep roots, of well-nourished soil, of riotous colour and soothing scents, of layered texture, of seasonal growth and decay, a garden of rare plants not always visible, of rambling corners awaiting attention. A garden well-lived and well-loved.

Laurie Lovell-Simons
25th November, 2022

Vale Dr. Craig Powell

We remember Craig as such a good teacher, generous mentor, kindly supervisor and true friend for us between 1982 and 1985, as student members in the 2nd batch of NSWIPP training course and for so many years thereafter in our professional and personal lives.

We did the NSWIPP training course in the early days of Self-Psychology. Craig brought the thoroughness of his training from the Toronto Psychoanalytic Institute. In particular he shared the deep learnings he gathered from his personal association with the late Howard Bacal, one of Heinz Kohut's inner circle as they developed the Self-Psychology model. Craig was also of great value to us as he shared with us his deep theoretical and practical understandings from British Object Relations, in particular from Donald W. Winnicott. He skilfully demonstrated their outstanding therapeutic responses to their patients, combined inevitably with his own clinical examples.

We got to know how he had translated poems from the genius of Francis Webb, supported by his own poetry demonstrating the depth and sensitivity of the feeling realm of our human condition. In addition to being an accomplished and published poet, he often enlightened us with certain ideas by translating their Latin origins into contemporary English language .

We deeply appreciate his gentle encouragements, his generous compliments of colleagues and his joyful booming voice and characteristic laughter. We are indebted to him in so many ways and we miss him dearly. Our deepest condolences to his family members and we share with NSWIPP members this time of grief touched with enormous gratitude to Craig.

- from Eng-Kong Tan, Greg See, Keryl Egan and Dev Atreya.



ROOMS FOR LEASE

ROOMS FOR RENT NSWIPP Mitchell St, GLEBE

Professional Consulting room/s
available for rent on sessional or
weekly basis.

Suitable for psychiatrist/ psychologist/
psychotherapist.

Ideally located off Glebe Point Road.
Parking on site.

Furnished, light, air-conditioned and
with its own private access.

There is access to a large meeting/
group room and shared kitchen
facilities with our association.

Contact Anne-Marie Swan:
0418 647 273
or
Lyndall Rees on:
nswipp4@bigpond.com

ROOM FOR RENT NEUTRAL BAY

Wycombe Clinic is a specialist
psychotherapy practice with
practitioners from the major
psychotherapy organizations in
NSW. It is a beautiful heritage-listed
federation building conveniently
located at Neutral Bay Junction close
to transport.

The Clinic has been established for
twenty years, has full time reception
and a congenial atmosphere, with
each practitioner running their
independent practice.

Enquiries to Monika:
0468 997 717
or wycombeclinic@gmail.com

CBD SYDNEY- Professional consulting room

Professional room available for rent.
Suitable for psychologists or
psychotherapists to join our well known
established Amaranth Centre group of
psychiatrists, medical psychotherapists
and psychologists. Long term stable lease
available.

Ideally located, near Town Hall Station
next to all transport and easy parking.

Purpose designed modern air-conditioned
suite with large reception areas and all
amenities.

You will be invited to join our regular peer
review and reading group.

For enquiries please contact Jeff on:
0411153224 or streimerj@gmail.com

Large therapy room available for rent in Lane Cove



A large, light filled ground floor room is now available for rent - full or part time. It is suitable for work with adults, children and families.

It is located about 100m from the Lane Cove shopping centre and is in a building occupied by several other well-established psychotherapy, psychology and social work practices. Lane Cove itself is well located for referrals because it is accessible from various parts of Sydney.

The room is furnished, comfortable and quiet and the waiting room and general ambience is conducive to psychoanalytic work. It has reverse cycle airconditioning and an undercover parking space is included.

Parking for clients is available nearby.

Please contact Liz Chaikin:

0431744877 lizchaikin@hotmail.com