



NSWIPP

NSW Institute of
Psychoanalytic
Psychotherapy

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DECEMBER 2023 NEWSLETTER

Editor: Belinda Keatinge



Calendar of Meetings in new year:

Monday 5 February 2024

***MONTHLY CLINICAL MEETING -
7.45pm

Saturday 17 February 2024

EC MEETING - 2:00pm

Monday 19 February 2024

**ATAB MEETING -7:45pm (via Zoom)

Monday 26 February 2024

*CONTINUING PROFESSIONAL
DEVELOPMENT MEETING -
-7.45pm

**Open to trainees provided there are no
boundary issues.*

***ATAB meetings are normally held on the 3rd
Monday of every month. If you would like to
attend, please contact Lyndall.*

****Open to members & associates only*

Future Events:

Sunday 3 March 2024

VALEDICTORY PRESENTATION -

Lyndsey Fletcher

followed by AUTUMNAL LUNCHEON

To be held at the premises

[Details to follow]

Monday 4 March 2024, 7.45pm

SUPERVISORS' MEETING

Monday 11 March 2024, 7.45pm

***MONTHLY CLINICAL MEETING

[Details to follow]

Monday 18 March 2024

**ATAB MEETING -7:45pm (via Zoom)

Please note:

**Lyndall will be on leave from
16 January -8 February 2024**

Monday 5 February 2024, 7.45pm

***MONTHLY CLINICAL MEETING

Sharon Murphy presenting

[Details to follow]

Monday 26 February 2024, 7:45pm

*CONTINUING PROFESSIONAL

DEVELOPMENT MEETING -

[Details to follow]

MESSAGE FROM BELINDA KEATINGE

I am sure everyone is looking forward to the holidays and a quieter January as much as I am. As always, the latter quarter of the year seems to have been the busiest.

The PPAA Conference in Auckland New Zealand, *The Unexpected and Uncanny*, was a highlight, with wonderful papers including the one from Bernard Macleod on his inspiring work with Adolescents. A particularly containing part of the conference was the Social Dreaming Matrix facilitated by Laurie Lovell-Simons and Allan Shafer. I hope that this becomes a regular part of our conferences. It was great to see so many of our NSWIPP trainees as attendees as well.

Also, at the conference the inaugural PPAA John Mark Davis Award was given to Dr Gabriel Feiler a recent graduate of the VAPP training for his remarkable and moving paper "Heracles and Hydra within the two tectonic plates of psyche and soma: the nine headed monster of unmetabolized self-disclosures." All trainees who will have graduated before the 2025 PPAA conference are encouraged to submit papers for this award (the closing date for the 2024 award has already passed!).

At the end of September we had our only presentation for membership in 2023, when Hassan Mehdi presented a very moving and honest clinical presentation on his work with his patient. He has been warmly welcomed to membership of NSWIPP and it is clear he will bring much to the institute from his experiences working with trauma in the military overseas and from his deep engagement with the training. In November Brendan McPhillips transitioned from Associate to Full Membership of NSWIPP. He too brings much to the Institute from his professional experience and studies. We can look forward to his sharing with us his thinking from his PHD to be completed in mid-2024 -Titled "Transformative Process in Psychoanalytic Psychotherapy".

Exploring his interest in the transformation of lived experience, and how that change comes about in the context of the therapeutic relationship.

October brought the AGM and for me stepping down as Chair of the Membership Advisory Board and up to President. I leave the MAB in the very capable hands of Claire Pattison, Robert Eidus, Brendan McPhillips and Kathy Watson. At this stage there is no Chair but they are all prepared to share tasks so I feel confident that the MAB is in a good place.

Also at the AGM Deborah Rosea, who had been holding the Public Issues position stepped down from the Executive. If anyone has an interest in taking up this important role we would be glad to hear from you? Anne-Marie Swan, after many years on the Executive including two terms as President, has also stepped down. She will be much missed in our meetings for her energy, ideas and deep knowledge.

My thanks to Laurie for her Presidency over the last two years and her calm and holding presence for us all, even at a time of great personal loss for her. She has been enormously supportive to me as I step up into the role of President as well as in our work together as the PPAA Executive, she as PPAA President and me as PPAA Treasurer/ Secretary.

Michael Moore as the PPAA rep to the ACPP (Confederation) has volunteered to organise the ACPP Conference on 17th August 2024 in Sydney, revisiting the theme of the inaugural 2020 conference Unity and Diversity - "I am large, I contain multitudes" Walt Whitman: *Song of Myself*, 1855 with a call for papers from all members. The theme makes me think about NSWIPP which is truly a collegial family of diversity and inclusion. All NSWIPP members are encouraged to submit papers.

Our final events for the year were Dadirri and the End of year Party both held at the newly painted premises (thank you to Maria and Jan).

The Dadirri Reflective group facilitated so beautifully by Gill Straker on Saturday morning identified that NSWIPP is in "an unsettling time of transition" as some of the more long-term members who have been responsible for bringing NSWIPP to its very healthy state, with containing processes and a strong psychodynamic and supportive culture, move to retirement or step back. It is a time where there is a need and space for newer members to step into roles which is already happening. There is a need to maintain the culture, to value the knowledge and experience of the old guard and to continue maintaining strong processes while also being open and curious to the ideas and skills of the new guard.

The Training is an example of new ideas and skills that the new guard is bringing to NSWIPP. Julie Fletcher, ATAB Chair, and Claire Pattison designed a new Curriculum Unit "Psychoanalytic Thinking and Society" which was very well received. It is an adaptable unit that looks at the interplay between the inner and outer world of both our patients and ourselves. There were several old and new guard teaching this year which has given the trainees a broad experience of NSWIPP and its members and the diverse theoretical perspectives and expertise that exist in our organization. Some of the themes that were explored were: Gender diversity, History of Psychoanalysis and Homosexuality, A History of Indigenous and non-Indigenous relations and its relevance to Australian Psychoanalytic Psychotherapy, viewing of the film "Black Analyst Speak" with a discussion led by a new member Swapnil Sharma, and Eternal Landscape internal worlds: the politics of hate and anxiety presented by Allan Shafer in Victoria.

After many years of dedicated service to the training and the trainees, Eva Balint stepped down from the ATAB at the last ATAB meeting for the year.

The 2019 group of trainees are well on the way to completing their training with the formal seminars finishing in first term 2024 and most having established

with their second training cases. The 2022 group have all found babies for their infant observations and one has just completed their 12 months. They are likely to be starting their formal seminars in 3rd term next year.

Attached to this newsletter is the summary of the Dadirri Working Group facilitated by Brendan McPhillips and Sharon Murphy on Sunday morning. Hopefully you can get a sense of the energy and ideas generated. Many hands make light work. Even taking on one-off smaller tasks make a huge difference to the load so if you see anything in the summary that piques your interest, please let me know. I am also happy to hear from all members on any matter so please feel free to be in touch.

We have included photos of the End of Year Party which was a very warm and convivial event. The absolutely delicious catering was provided by Jan Williams and Bernard Macleod. I am sure everyone who was there really appreciated all their hard work and culinary skills.

And thank you too to our very talented Lyndall Rees who is at the heart of NSWIPP doing so much to support all the committees and training, as well as sharing her wonderful singing voice each year. This year was particularly fun as she followed up a Gershwin piece with a song (dressed in character as a German Hussar) from her most recent Opera Crafty Women!!

Wishing everyone a very safe, healthy, and relaxing break until NSWIPP resumes its meetings in February! I can of course be contacted through this time if needed.

Warm wishes to you all.

Belinda

Belinda Keatinge
President

Photos of End of Year party..



SUMMARY OF DAY 2 DADIRRI

1. Connections with the outside

Including outreach, connections with PPAA, SIP, Confederation, training psychiatrists.

CPD - external and interstate and overseas speakers, website and newsletter

A "NSWIPP Foundation Program" as a form of outreach (or a four to six week "taster")

- a) as a way of connecting to potential trainees
- b) use other Member Association programs as inspiration
- c) deliver it locally with NSWIPP people
- d) loads of psychiatrists would be interested
- e) Michael to look at a rough plan as a starting point

NSWIPP to formally or informally link to Canberra psychotherapy group to be explored with Claire.

NSWIPP to run seminars for wider psychoanalytic psychotherapy community.

- a) This would give us wider visibility. (Possibly also incorporating other PPAA MAs).
- b) Bring out overseas people or host them on Zoom. Anne-Marie knows many high profile overseas potential speakers
- c) Bernard has experience doing this for CCAFPAA.

Look at search engine optimization perhaps by including NSWIPP members' papers and possibly member blog articles - Yael to look at this.

2. Integration of new and old - Transition

Maintaining and developing our culture. Engaging new members. Engaging the wisdom of longer-term members. Succession planning including president elect or a vice president

Orientation for new members to be discussed by Exec and MAB.

- a) Note there was only one new member in 2023 so possibly orientation document would be best, along with a mentor
- b) need to consider this orientation for trainees who finished the training, and also for non-trainee members

The idea of a NSWIPP WhatsApp group was discussed.

- a) Rules for the group would be important.
- b) The "why": because young people do not read emails, it would also possibly

generate more traffic to the website via links in the WhatsApp messages

Exec to think about getting NSWIPP trainees more involved in NSWIPP e.g. it was good when they presented at NSWIPP CPD. They are already invited to the CPDs and Christmas parties.

Exec to think about how to get non-NSWIPP-trainees who become associate members more involved from outset in committees etc

3. Creative ways to engage with NSWIPP

Participants expressed wish for increased opportunities for such as writing groups, reading groups, cinema, teaching roles, supervisory roles, face to face interactions, social events, and involvement in the premises, as well as engagement through newsletter and website.

Rural and regional member engagement was discussed. Claire suggested that Zoom meeting had a "leveling effect" and that people are happy to come to Sydney for special events.

Teaching was discussed in more detail. Exec to consider possibility of encouraging interested members to be an "observer" of training seminars, as a way of preparing for the teaching role.

The possibility of zoom breakout groups was discussed but not universally embraced.

It was suggested that there could be a NSWIPP outing to Sydney Modern, Louise Bourgeois, which is on until the end of March. The outing could be followed by a NSWIPP catch up/discussion. Jan is happy to explore this.

There was also the suggestion of streaming a movie/film, followed by wine and pizza and discussion at NSWIPP premises

Laurie suggested to aim for one face-to-face event each term.

A NSWIPP premises working bee followed by pizza or barbecue could be one such event.

The "NSWIPP Supervision Group" was discussed. It meets four times a year on the first Monday of March, May, August and November. To be a supervisor of trainees requires five years of full membership

(should this be reviewed?), and attendance at these four meetings. Members who have an interest in supervision may also attend these meetings. A number of participants were not aware of the pathway to becoming a supervisor of trainees.

4. Other items discussed

It was suggested that a CPD or ethics CPD be held involving Carolyn Quadrio.

It was raised that the membership questionnaire needs to be more helpful, perhaps restructured. The exec to think about a person or pod to look into this.

Contact details:

Secretariat:

President: Belinda Keatinge
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Honorary Secretary: Maria Kourt
mariakourt@aapt.net.au 0419 697 138

Administrative Secretary: Lyndall Rees
nswipp4@bigpond.com 0406 975 434

Treasurer: Jan Williams
jan.alison.williams@gmail.com
0425 288 916

Committees:

ATAB: Julie Fletcher
fjulie500@yahoo.com.au 0412 810 188

CEAB coordinator: Claire Pattison
clairenpattison@yahoo.co.uk
0408 585 749

MAB: No chair at present

ETHICS: Laurie Lovell-Simons
laurie.lovellsimons@gmail.com
0408 171 050

PREMISES: Jan Williams
jan.alison.williams@gmail.com
0425 288 916

and

Dr Anne-Marie Swan
amswan@tpg.com.au 0418 647 273

PUBLIC ISSUES: No chair at present



ROOMS FOR LEASE

ROOMS FOR RENT NSWIPP – Mitchell St, GLEBE

Professional Consulting rooms available for rent on sessional or weekly basis.

Suitable for psychiatrist/ psychologist/ psychotherapist.

Ideally located off Glebe Point Road.
Parking on site.

The dedicated consulting room is furnished, light, air-conditioned and with its own private access.

There is access to a large meeting/group room and shared kitchen facilities with our association.
This large room is also suitable for use as a consulting room.

Contact Jan Williams:

0425 288 916

or

Lyndall Rees on:

nswipp4@bigpond.com

NEUTRAL BAY

Wycombe Clinic is a specialist psychotherapy practice with practitioners from the major psychotherapy organisations in NSW.

It is a beautiful heritage-listed federation building conveniently located at Neutral Bay Junction close to transport.

The Clinic has been established for twenty years, has a full time reception and a congenial atmosphere, with each practitioner running their independent practice.

Enquiries to Monika on 0468 997 717 or wycombeclinic@gmail.com

CBD SYDNEY- Professional consulting room

Professional room available for rent. Suitable for psychologists or psychotherapists to join our well known established Amaranth Centre group of psychiatrists, medical psychotherapists and psychologists. Long term stable lease available.

Ideally located, near Town Hall Station next to all transport and easy parking.

Purpose designed modern air-conditioned suite with large reception areas and all amenities.

You will be invited to join our regular peer review and reading group.

For enquiries please contact Jeff on: 0411153224 or streimerj@gmail.com