



NSWIPP

NSW Institute of
Psychoanalytic
Psychotherapy

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AUGUST/SEPTEMBER 2023 NEWSLETTER

Editor: Laurie Lovell-Simons

Calendar of Meetings:

Monday 21 August 2023

**ATAB MEETING -7:45pm (via Zoom)

Monday 28 August 2023

*CONTINUING PROFESSIONAL
DEVELOPMENT MEETING –
Pam Shein -7.45pm

Saturday 2 September 2023

EC MEETING - 2:00pm

Monday 4 September 2023

***MONTHLY CLINICAL MEETING -
7.45pm

Monday 18 September 2023

**ATAB MEETING -7:45pm (via Zoom)

Monday 25 September 2023 -

7.45pm
PRESENTATION FOR MEMBERSHIP

**Open to trainees provided there are no
boundary issues.*

***ATAB meetings are normally held on the 3rd
Monday of every month. If you would like to
attend, please contact Lyndall.*

****Open to members & associates only*

Monday 28 August 2023, 7:45pm

*Continuing Professional
Development Meeting
Pam Shein presenting, via Zoom:
*Riding the storm of a disrupted
puberty: The analytic journey*

NSWIPP members, guest members,
associates, affiliates and trainees are
warmly invited to attend.

RSVP online:

[https://nswipp.org/events/scientific-
meeti...august-pam-shein/](https://nswipp.org/events/scientific-meeti...august-pam-shein/)

Monday 4 September 2023, 7.45pm

***MONTHLY CLINICAL MEETING

Natasha Bonnin presenting

[Details to follow]

Monday 25 September 2023 - 7.45pm

PRESENTATION FOR MEMBERSHIP -

Hassan Mehdi

[Details to follow]

Future Events:

Monday 9 October 2023, 7.45pm

***MONTHLY CLINICAL MEETING -

Julian Zanelli

[Details to follow]

Monday 24 October 2023, 7.45pm

Annual General Meeting

Monday 6 November 2023, 7.45pm

SUPERVISORS' MEETING

Monday 13 November 2023,

7.45pm

***MONTHLY CLINICAL MEETING -

Maria Kourt

[Details to follow]

Monday 27 November 2023,

7.45pm

*CONTINUING PROFESSIONAL

DEVELOPMENT MEETING –

Charles le Feuvre

[Details to follow]

MESSAGE FROM LAURIE LOVELL-SIMONS

We are now well and truly into the second half of the year, and my thoughts turn to our remaining calendar events.

I hope to see many of you at the PPAA conference in Auckland early in September. The full program is now available and I am sure that this event, will, as always, be a wonderful opportunity to come together with colleagues across Australasia, sharing ideas, stories, and experiences.

Our AGM will be held in October, where I will be handing over the Presidency of NSWIPP to our very capable and warm-hearted Belinda Keatinge.

Shortly after that, in early December, the 9th and 10th, we will be holding our annual Dadirri weekend in our premises in Glebe, with facilitation by Gill Straker on Saturday, and Brendan McPhillips on Sunday. This will be followed by our end of year party on Sunday afternoon. I do encourage you all to consider attending.

We hope to acknowledge those who have retired during the year. These are big moments in our personal and professional lives, and as most of us work in solo practice, our moving into retirement may not always receive the full recognition it deserves.

Our Glebe premises were the perfect venue for our recent very successful and well attended Midwinter Lunch. We are considering making this a regular annual event to complement our Dadirri weekend. The weather was glorious as 22 of us feasted outdoors at a long table...and a feast it was: superb food generously cooked and prepared for us by Bernard McLeod and Penny Jools, with further help from Jo Barnes and Brad Freeman. Lyndall entertained us in beautiful style, in songs thoughtfully chosen to reflect the occasion, as well as providing an opportunity for us to sing along! (Oh What a Beautiful Morning and Nella Fantasia). While acknowledging the

sad losses of the last year, this was a joyful occasion of catching up with so many colleagues and friends who we usually only see online. A big thank you to everyone who supported the event in all the ways that you did.

We now have a new tenant in our flat, Liz Bowling, so do say hello if you happen to see her when attending the premises.

Further PPAA news. As I indicated in my previous President's report, it is NSWIPP's turn to take on the Executive. Further to this, Belinda Keatinge has generously put up her hand to take on the combined Secretary/Treasurer role and I will assume the President's role. These are 2 year-positions. Thank you also to Michael Moore who put his hand up to be one of 2 PPAA reps for the Confederation, (ACPP).

The life of NSWIPP has continued to flourish, with wonderful attendances at thoughtful clinical and scientific presentations by many of our members on Monday nights. We do wish to encourage those presenting at the monthly clinical meetings to bring "work in progress", rather than a polished paper. The former really does provide a springboard for genuine and lively discussion, and this is a gift to both the presenter as well as those in attendance.

Many of our members continue to contribute to our training, infant observation, membership matters, professional development, keeping an eye on our finances, our building and general administrative matters. And you all contribute by being members, not only financially but by supporting the work we do.

Thank you to those who made end of the financial year donations to NSWIPP's building fund, totalling \$3,940.

A big thank you to those who have completed their annual membership renewal, both in paying dues and in completing the membership form.

By now you will all have received a letter regarding nominating colleagues

to attend to the management of the care of your patients and supervisees in the case of incapacity to work or sudden death. Shortly you will receive the form for 2023/24. Thank you for attending to these matters. I have appreciated the messages from some members letting me know how they feel supported to have this addition to our membership renewal implemented.

We also wish to encourage members to contribute reflections/memories for a remembrance section on our website for those members we have lost in recent (or indeed less recent) years. You will receive something further about this in the next couple of months.

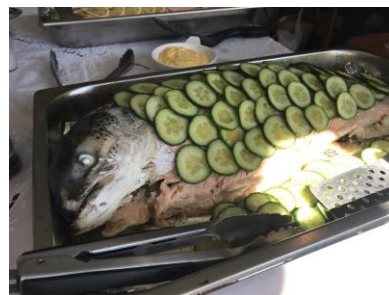
Amongst our membership, many are going through various challenges. I hope you feel you can remain connected to NSWIPP through these times.

Warm wishes to you all.

Laurie

Laurie Lovell-Simons
President

Our marvellous chefs ..



Photos of Midwinter luncheon



Bio – Hassan Mehdi, who will present for membership on September 25

I am a psychodynamic psychotherapist working part-time in a private psychodynamic psychotherapy practice, in addition to my part-time role as Staff Specialist Psychiatrist at the RPAH psychiatric facility.

After completing my medical training overseas, I worked in military medicine for ten years, specialising in underwater medicine. During this period, I had the opportunity to work closely with divers and submariners who had developed post traumatic stress disorder. This was the beginning of my interest and journey in getting to know and understand the intricacies of an individual inner world.

I began my formal training in psychiatry overseas and completed training in Australia, becoming a Fellow of the RANZCP in 2010.

I continued to pursue my interest in psychotherapy, completing the RANZCP Advanced Certificate in Psychotherapy, and then enrolling in an NSWIPP Training Program to further my professional development and understanding of psychoanalytic psychotherapy.

I joined the RANZCP NSW Section of Psychotherapy (now the NSW Faculty of Psychotherapy) as a Senior Psychiatric Trainee and continued to be actively involved until 2022.

I am passionate about training and teaching junior medical doctors and medical students, which I am able to pursue through my work at a tertiary teaching hospital. I am also a founding and current member of The Psychotherapies Education Association (TPEA), which allows me to support and develop training in psychotherapy.

My training and work in psychodynamic psychotherapy has been a rewarding and rich experience.

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ROOMS FOR LEASE

ROOMS FOR RENT NSWIPP – Mitchell St, GLEBE

Professional Consulting rooms available for rent on sessional or weekly basis.

Suitable for psychiatrist/ psychologist/ psychotherapist.

Ideally located off Glebe Point Road.
Parking on site.

The dedicated consulting room is furnished, light, air-conditioned and with its own private access.

There is access to a large meeting/group room and shared kitchen facilities with our association.
This large room is also suitable for use as a consulting room.

Contact Jan Williams:

0425 288 916

or

Lyndall Rees on:

nswipp4@bigpond.com

CBD SYDNEY- Professional consulting room

Professional room available for rent. Suitable for psychologists or psychotherapists to join our well known established Amaranth Centre group of psychiatrists, medical psychotherapists and psychologists. Long term stable lease available.

Ideally located, near Town Hall Station next to all transport and easy parking.

Purpose designed modern air-conditioned suite with large reception areas and all amenities.

You will be invited to join our regular peer review and reading group.

**For enquiries please contact Jeff on:
0411153224 or streimerj@gmail.com**