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AUGUST/SEPTEMBER 2022 NEWSLETTER

Editor: Laurie Lovell-Simons

Calendar of Meetings: Monday 15 August 2022

**ATAB MEETING - 7.45pm

Monday 22 August 2022

*CONTINUING PROFESSIONAL DEVELOPMENT MEETING – Maria Kourt – 7.45pm

Monday 29 August 2022

PRESENTATION FOR MEMBERSHIP Swapnil Sharma – 7.45pm

Monday 5 September 2022

***MONTHLY CLINICAL MEETING Kate Stewart – 7.45pm

Monday 19 September 2022

**ATAB MEETING - 7.45pm

*Open to trainees provided there are no boundary issues.

**ATAB meetings are normally held on the 3rd Monday of every month. If you would like to attend, please contact Lyndall.

***Open to members & associates only

Monday 22 August 2022, 7:45pm *Continuing Professional Development Meeting Maria Kourt presenting, via Zoom:

SWIMMING IN THE SKY: a story of rupture, regression, repair and recovery

NSWIPP members, guest members, associates, affiliates and trainees are warmly invited to attend.

RSVP online:

https://nswipp.org/events/scientific-meeti...gust-maria-kourt/

Monday 29 August 2022 -7.45pm Swapnil Sharma presenting for Membership, via Zoom: *The Image in the Mirror*

NSWIPP members, guest members, associates, and 2014/16 training group are warmly invited to attend.

RSVP online:

https://nswipp.org/events/presentation-for...p-swapnil-sharma/

Please note: All the above Monday meetings will be held via zoom on this link: https://us02web.zoom.us/j/85936080788?pwd=Z VN3SmoxYUtuUm1NSTAyeTJyais0QT09

Future Events:

Monday 10 October 2022

***MONTHLY CLINICAL MEETING

Julian Zanelli presenting

[Details to follow]

Saturday 15 October 2022

EC MEETING - 2:00pm

Monday 24 October 2022

AGM -7:45pm (via Zoom)

Monday 7 November 2022- 7.45pm

SUPERVISORS' MEETING

Monday 14 November 2022

***MONTHLY CLINICAL MEETING

Jacqui Winship presenting

[Details to follow]

Saturday & Sunday 3-4 December, 2022

***DADIRRI WEEKEND
[Details to follow]

Sunday 4 December 2022, 2-5pm

*END OF YEAR PARTY

[Details to follow]

MESSAGE FROM LAURIE LOVELL-SIMONS

Winter has been a challenge for many of us with widespread Covid, ...along with the relentless rain. I am heartened by the slightly warmer and dryer weather as we move further into August. I hope you are too.

After a brief interlude in July, the second half of the year of programmed meetings is warming up too.

August began with a well-attended and thought-provoking supervisors group meeting where Jeff Streimer led the discussion on a paper on parallel process. The following Monday Bernard Macleod presented a very stimulating and brave account of his 6 years of work with an adolescent girl.

Training – News from the ATAB

Eng Lim, from our 2014 group, has recently completed his training. Congratulations Eng!

We currently have 3 trainees in the 2016 group, and 6 in the 2019 group and 5 for our 2022 group. A big thank you to all those members who contributed to the selection and interview processes for this new group, in particular Michael Moore and Mary Cameron who co-ordinated the process.

Our 2022 intake of trainees met for the first time on 30th July for an introduction to the institute and to the training. Regrettably, with the current Covid outbreak in mind, we had to move to an online meeting and cancel the afternoon social get together and welcome we had planned.

We do hope to be able to reschedule this social occasion when the weather is warmer and covid less widespread.

The new trainees are: Vaneitha Balakrishnan, Christian Balanza, Ildiko Gintli, Alex Nash and Emma Slawitschka. A warm welcome to you all! It is very exciting for us as an Institute to continue to grow and work with a new group in training.

Our new trainees are beginning their infant observation seminars this month,

in 2 groups, led by Donna Jacobs and Belinda Keatinge.

Thank you Julie for overseeing all aspects of our training and in particular for helping bring to fruition another training group.

Dadirri

Preliminary plans are in place for our annual Dadirri weekend. For your diary, the dates are 3-4 December, with the End of Year party to be held on the Sunday afternoon.

We are very grateful that Gill Straker has kindly offered to lead us once more for the Saturday morning component of the weekend. We are considering a theme and ideas for the rest of the Dadirri weekend. Please feel free to contact me if you would like to offer any suggestions. We welcome ideas from all members.

The Premises

With much gratitude to Jan Williams and the premises committee, some further necessary repair work has been undertaken and new air-conditioners installed.

We are all looking forward to when the premises can be more fully utilised. At the moment the current trainees are sometimes meeting on-line, sometimes in a hybrid.

We will continue to hold our very well attended monthly clinical meetings and scientific meetings on Zoom, and review this at the end of the year.

Membership

Congratulations and welcome to Sonia Weschler to full membership of NSWIPP, following a very stimulating presentation on 30th May.

I encourage you all to attend Swapnil Sharma's membership presentation on 29th August. It is always a special occasion when one of our graduates progresses to membership.

Many thanks to those who paid their membership fees by the end of the financial year and thank you too for completing the annual membership forms. It has been heartening to have most of the forms completed this year. Thank you to Belinda and Jan who oversee the various aspects of membership and fees.

As usual there are changes to our membership groupings due to retirements, move to partial retirements, resignations etc.

Currently we have: 30 full members, 8 partly-retired, 14 retired, 3 honorary life, 7 rural, 5 associates.

I would like to acknowledge the enormous contributions to our field of recently retiring members: Morna Nancarrow, Carolyn Quadrio, Deborah Rozea, and Tom Wilmot.

Upon retiring the option is available to remain in connection with NSWIPP through the retired member category, or choose to resign. We thank those who continue to support us through their retired status, and welcome your ongoing contributions to our organisation.

News from the PPAA

1. Annual Conference

I encourage you all to consider attending the PPAA Conference in Melbourne from Saturday 29th till Monday 31st October. We are all hopeful that for the first time since 2019 we will have a face-to-face event. If you have not attended before, it is a wonderful opportunity to hear some excellent presentations and get to know your colleagues and fellow trainees from around Australia and New Zealand. Do consider attending!

2. The Confederation

The Confederation is in the early stages preparing to ask all individual members of its member organisation, of which the PPAA is one, to registrar with the Confederation. This is an exciting and long-awaited development in the recognition of our roles as psychoanalytic psychotherapists.

Writing Group

A big thank you to Penny Jools and Brad Freeman for establishing the writing group, which had its inaugural Saturday afternoon meeting in June, with a second meeting planned for later this month.

Social Connection

Do be in touch if you would like to suggest or organise an activity for the warmer months when I hope we can plan with more certainty.

Finally, a big thank you to all on the EC and those involved in teaching and contributing to the life of the Institute. Your ongoing commitment is truly valued.

A particular thank you to Lyndall who continues to bring her warmth, generosity, and attentiveness to all things NSWIPP!

Warm wishes to you all, Laurie

Contact details:

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BIO – Swapnil Sharma, who will present for Full Membership on Monday 29 September 2022

Swapnil Sharma is a Liaison Psychiatrist with private practice Psychoanalytical Psychotherapy. He holds appointments as the Clinical Lead of Liaison Psychiatry at Prince of Wales & Sydney/Sydney Eye Hospitals and Senior Lecturer at the University of New South Wales. He has also completed post-graduate training in Pain Medicine and Balint Group Leadership and is currently Treasurer of the Balint Society of Australia and New Zealand. teaches medical students, basic and advance trainees in psychiatry and supervises psychiatrists and psychologists.

Are you an experienced supervisor with psychodynamic counselling experience?

Mandala Community Counselling Service is a not-for-profit organisation that has operated for over 19 years in inner Sydney, providing affordable, or free, professional, ongoing counselling services to those most at need. Counsellors and psychologists volunteer their time so that clients who would not otherwise be able to access such services receive appropriate long-term counselling. These ongoing sessions help people to make positive changes in their lives.

Clinical supervision is a vital component of Mandala's commitment to providing a high-quality service.

We're looking for qualified experienced supervisors to volunteer one or two hours of supervision per fortnight, this could be face-to-face at your existing practice or via zoom. Between two and four counsellors attend these group sessions. These supervision hours are paid at a rate of \$50/half hour, plus GST if applicable, effectively a part-payment reflecting the fact that as a supervisor for Mandala you are providing assistance to a voluntary organisation that does not charge for counselling.

Are you willing to offer your time and expertise and to foster a committed community of Psychodynamic Counsellors? Then please email your CV with references to:

robyn.adler@mandalacounselling.org.au and we will contact you to arrange a time to discuss.

You can find more information on Mandala at our <u>website</u> or contact me on **0411 277 613.**



ROOMS FOR LEASE

ROOMS FOR RENT NSWIPP – Mitchell St, GLEBE

Professional Consulting room/s available for rent on sessional or weekly basis.

Suitable for psychiatrist/ psychologist/ psychotherapist.

Ideally located off Glebe Point Road.
Parking on site.

Furnished, light, air-conditioned and with its own private access.

There is access to a large meeting/group room and shared kitchen facilities with our association.

Contact Anne-Marie Swan: 0418 647 273 or Lyndall Rees on: nswipp4@bigpond.com

A room with a view CBD SYDNEY

Botanic Gardens views from a light and airy good size room with high ceilings and bay window in a beautiful well maintained Art Nouveau building.

Close to Martin Place and Circular Quay. Large, shared waiting room and kitchen. Fully airconditioned.

Ideal for a psychotherapist

\$500.00 per week plus GST. No additional costs

Contact mobile: 0425243733

CBD SYDNEY- Professional consulting room

Professional room available for rent. Suitable for psychologists or psychotherapists to join our well known established Amaranth Centre group of psychiatrists, medical psychotherapists and psychologists. Long term stable lease available.

Ideally located, near Town Hall Station next to all transport and easy parking.

Purpose designed modern air-conditioned suite with large reception areas and all amenities.

You will be invited to join our regular peer review and reading group.

For enquiries please contact Jeff on: 0411153224 or streimerj@gmail.com