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MARCH/APRIL 2022 NEWSLETTER

Editor: Laurie Lovell-Simons

Calendar of Meetings:

Monday 21 March 2022 **ATAB MEETING -7:45pm (via Zoom)

Saturday 26 March 2022 *CONTINUING PROFESSIONAL

DEVELOPMENT MEETING – Becoming: Three Infants Observed

9.30am-1.00pm Monday 4 April 2022

****MONTHLY CLINICAL MEETING Julie Fletcher- 7.45pm

Saturday 9 April 2022 EC MEETING – 2:00pm

Monday 18 April 2022 **ATAB MEETING -7:45pm (via Zoom)

Saturday 26 March 2022, 9.30am-1.00pm *Continuing Professional

Development Meeting, via zoom Becoming: Three Infants Observed -by filmmaker Andy Spitz

Seminar leaders: Belinda Keatinge and Donna Jacobs

NSWIPP members, guest members, associates, affiliates and trainees are warmly invited to attend.

The Zoom link for Saturday 26 March will be sent separately.

KINDLY NOTE: As we have reached capacity for this event no more bookings can be taken.

Monday 4 April 2022, 7:45pm ***Monthly Clinical Meeting: Julie Fletcher presenting, via Zoom:

Please note: this is for NSWIPP members & Associates only. [Details to follow]

Please note: All the above Monday meetings will be held via zoom on this link: https://us02web.zoom.us/j/85936080788?pwd=Z VN3SmoxYUtuUm1NSTAyeTJyais0QT09

Future Events:

Monday 2 May 2022- 7.45pm SUPERVISORS' MEETING

Monday 9 May 2022 ***MONTHLY CLINICAL MEETING [Details to follow]

Monday 23 May 2023, 7:45pm

*CONTINUING PROFESSIONAL DEVELOPMENT MEETING [Details to follow]

Monday 30 May 2021 -7.45pm

PRESENTATION FOR ASSOCIATE MEMBERSHIP- Sonia Wechsler [Details to follow]

*Open to trainees provided there are no boundary issues.

ATAB meetings are normally held on the 3rd Monday of every month. If you would like to attend, please contact Lyndall. *Open to members & associates only

MESSAGE FROM LAURIE LOVELL-SIMONS

As I sit down to write my second report for the newsletter I reflect on our first months of 2022. After a wonderful December Dadirri and Christmas party where many of us were able to be present in person, we had all hoped our Covid days were on the decline. Unfortunately, Omicron was a new challenge over late December and January in particular. I do hope that despite this you were able to feel a little rested and refreshed by the festive season.

You will all have received a copy of report from Mary Cameron and Brendan McPhillips of our Dadirri weekend and I hope you have had a chance to read it.

Sadly, with barely a break from the challenges of Covid, the catastrophic eastern coast floods, and the invasion of Ukraine have cast a pall on us all, have heightened our awareness of ongoing uncertainties. I imagine you have all seen this reflected in both your practices and personal lives.

One of our rural members, Mee Hee Douglas, lives and works in the Northern Rivers region in Bangalow. Even though her own home and work premises were not directly flooded, it has been an overwhelming and distressing time for her and her local community.

Our thoughts are with you Mee Hee.

The Premises

Covid restrictions have now lifted and our premises can be used in person without masks for teaching, outreach and other meetings. It is important to stress that we appreciate that this might not be comfortable or appropriate for everyone, so each meeting group are free to negotiate in-person, on Zoom, or hvbrid arrangements. have every confidence that we will be able to sensitively manage this with each other.

We will continue to hold our monthly clinical meetings and scientific meetings on Zoom. The excellent attendances and feedback have demonstrated that this mode has enabled many members to attend who might not otherwise be able to, and has kept us well connected as an organisation.

Unfortunately, with the recent rains, our NSWIPP premises, including the flat, have suffered from various flooding and electrical issues. Anne-Marie, Jan and Jan's husband Raymond, have done an absolutely sterling job in sorting out the various issues, liaising with tradespeople, as well as cleaning up the water damage. On behalf of us all I sincerely thank them.

Presentation for Membership

It is my great pleasure to announce that Yael Levy has been ratified by the EC as a full member of NSWIPP, following her very thoughtful and inspiring presentation on the 14th February. Congratulations to Yael and I look forward to her joining in the active life of the institute. Yael is the second of the 2016 group to present for membership and I look forward to others in this group joining Kathy and Yael in moving to full membership.

Thank you to Belinda and the MAB for the thorough and containing process of all membership matters.

Monthly Clinical Meetings by Peer Groups

The feedback from Dadirri was to encourage members to present material "in the raw". It is hoped that this encouragement will ease the pressure/expectation that some members may feel about presenting. With such encouragement I put my hand up to present for our February meeting, and I felt very supported, comfortable and safe in presenting some material on the run as it were. The discussion was lively, engaging and I gained a lot. So please consider contacting Natasha if you would like to present later this year.

Michael gave a very touching and stimulating presentation for our March meeting. It was again wonderful to see attendance numbers in the midtwenties. Thank you to Natasha and Donna for your continuing work on peer groups and these meetings.

Scientific Meetings

You will all have received information about our Saturday morning Infant Observation Seminar, "Becoming: Three Infants Observed". I look forward to seeing many of you for this fascinating film and discussion morning. With special thanks to Belinda and Donna and the NSWIPP Infant Observation Committee for their work in organising this.

Training – News from the ATAB

Processing of applications for our new 2022 training is well underway. Thank you to Michael Moore and Mary Cameron who are facilitating this and to all our members involved in interviewing prospective trainees.

We currently have 4 trainees in the 2016 group plus 1 joining from the 2014 group, and 6 in the 2019 group.

As mentioned in a separate email, warm congratulations to one of our trainees, Kylie Innocente for becoming joint winner of the Rozsika Parker Prize, (student category) through the British Journal of Psychotherapy, for a paper on her Infant Observation experience.

Thank you to ATAB chair Julie for your thoughtful holding of all training matters.

Money Matters and Admin.

You will have all received an invoice for your membership fees and an annual membership form. Thank you all for your timely attendance to both these matters and to Jan, Belinda and Lyndall for your work towards this. I want to stress the importance of the membership form. Its completion is mandatory for continuing membership.

Lyndall continues to bring her warmth, generosity, and attentiveness to admin to the EC, our committees, and to our organisation. A big thank you to Lyndall.

Social Connection

Do be in touch if you would like to suggest or organise an activity. In the

meantime, as well as being wonderful admin support for NSWIPP, Lyndall also is a wonderful singer and I encourage those of you who can to accept her recently sent out invitation to a musical evening at Wentworth Falls this month.

I do hope the months ahead bring a little more certainty and ease. Please reach out if you wish to.

Warm wishes to you all,

Laurie

Hello, my name is Brenton, and I am very excited to be using the lovely room here at NSWIPP. I am completing training in the Conversational Model and have therapy experience in Youth Health and CAMHS. I am currently here Tuesday and Friday morning and available for new referrals. I work with people aged 16+, with interest in young adults and working with the body/mind connection. My contact details are:

M: 0406734562 E: brentonwebb1@protonmail.com

Thank you for reading!

Contact details:

Secretariat:

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PYMBLE

PROFESSIONAL

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For rent

Professional room available for rent available on sessional or weekly basis. Suitable for psychiatrist, psychologist or psychotherapist to join well established group psychological practice in the Upper North Shore.

Ideally located, opposite railway station, next to major bus stop and on street parking.

Modern air-conditioned with large reception area serving 5 furnished rooms, kitchenette and filing/photocopying facilities.

Regular peer review group.

Secretarial and reception services, billing, appointments and reminders.

Under cover staff car parking.

For enquiries please contact:

Dr Eng-Kong Tan, Metta Clinic:

9488 7911

ROOMS FOR RENT NSWIPP – Mitchell St, GLEBE

Professional Consulting room/s available for rent on sessional or weekly basis.

Suitable for psychiatrist/ psychologist/ psychotherapist.

Ideally located off Glebe Point Road. Parking on site.

Furnished, light, air-conditioned and with its own private access.

There is access to a large meeting/group room and shared kitchen facilities with our association.

> Contact Anne-Marie Swan: 0418 647 273 or

Lyndall Rees on: nswipp4@bigpond.com

CBD SYDNEY-Professional consulting room

Professional room available for rent. Suitable for psychologists or psychotherapists to join our well known established Amaranth Centre group of psychiatrists, medical psychotherapists and psychologists. Long term stable lease available.

Ideally located, near Town Hall Station next to all transport and easy parking.

Purpose designed modern air-conditioned suite with large reception areas and all amenities.

You will be invited to join our regular peer review and reading group.

For enquiries please contact Jeff on: 0411153224 or <u>streimerj@gmail.com</u>