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### NOVEMBER/DECEMBER 2021 NEWSLETTER

Editor: Laurie Lovell-Simons



### Calendar of Meetings:

Monday 8 November 2021

\*\*\*MONTHLY CLINICAL MEETING
Tuan Nguy – 7.45pm

#### Monday 15 November 2021

**SUPERVISORS' MEETING-7.30pm** 

#### Monday 22 November 2021

\*CONTINUING PROFESSIONAL DEVELOPMENT MEETING

Kylie Innocente – 7.45pm

#### Monday 29 November 2021

\*\*PRESENTATION FOR ASSOCIATE MEMBERSHIP

**Sharon Murphy** -7.45pm

### Saturday 4-Sunday 5 December 2021

\*\*\*DADIRRI WEEKEND

#### **Sunday 5 December 2021**

\*END OF YEAR PARTY- 2-6pm

\*Open to trainees provided there are no boundary issues.

\*\*Open to members, associates & guests only

\*\*\*Open to members & associates only

#### Monday 8 November 2021, 7:45pm Monthly Clinical Meeting: Tuan Nguy presenting, via Zoom:

Please note: this is for NSWIPP members & associates only. RSVP online:

https://nswipp.org/events/monthly-clinical-meeting/

# Monday 22 November 2021, 7:45pm \*Continuing Professional

\*Continuing Professional
Development Meeting
Kylie Innocente presenting, via

**Zoom:** [Details to follow] NSWIPP members, co

NSWIPP members, guest members, associates, affiliates and trainees are warmly invited to attend.

RSVP online:

https://nswipp.org/events/scientific-meeting-2/

## Monday 29 November 2021 - 7.45pm

## Sharon Murphy presenting for Associate Membership, via Zoom:

#### Born with a Hole in my Heart

Members, associates & guest members are invited and welcome to attend. RSVP online:

https://nswipp.org/events/presentation-for-associate-membership-sharon-murphy/

Please note: All the above meetings will be held via zoom on this link:

https://us02web.zoom.us/j/196943973?pwd=SIU5 WUI6aUMvV3pOd3ltUWtKUIJxdz09

Meeting ID: 196 943 973 Passcode: 045926

## Saturday-Sunday 4-5 December 2021, NSWIPP premises, Glebe

\*\*\*DADIRRI WEEKEND

Kindly note: this is for NSWIPP members &

associates only.

RSVP to Lyndall: <a href="mailto:nswipp4@bigpond.com">nswipp4@bigpond.com</a>

# Sunday 5 December 2020, Ahgora restaurant, 172 St Johns Rd, Glebe - 2-6pm

\*END OF YEAR PARTY

NSWIPP members, guest members, associates, affiliates, trainees &partners are warmly invited to attend
To purchase your ticket please click on the

Trybooking link:

https://www.trybooking.com/BVFTQ

Please note: Covid-19 Safety Plan will be in operation for both events with proof of double vaccination to be sighted upon arrival

#### MESSAGE FROM LAURIE

Dear All-

As I sit down to write my first report for the newsletter I reflect on a number of recent events and anticipate what is ahead for the rest of the year and in to 2022. I also notice, surprisingly, that for the first time in a long time Covid-19 is not front and centre in my thoughts. I hope you too are feeling in hopeful anticipation of a different year ahead.

#### The AGM

It was a pleasure to see so many of you on Zoom for the AGM. NSWIPP is a very alive organisation, thanks to all of you and your continuing interest and commitment in fostering psychoanalytic psychotherapy and our relationships with each other. It is a great privilege to take on the role of President at this time.

If you haven't already, I do encourage you all to read the various committee reports that give an excellent summary of their work over the last year. I also invite you all to consider if you would like to become more actively involved in the life of the institute to make it known to either myself or to committee chairs.

I am full of gratitude for the nurturing, enthusiasm and commitment of Anne-Marie as the recent President and the wonderful support offered by the whole Executive Committee. All have generously offered to continue on the EC, though some of the roles have changed. Also, I am delighted to welcome Deborah Rozea to the EC, to develop, for the first time, a NSWIPP response to relevant public issues. She will also join other PPAA members on the PPAA Public Issues Committee. I encourage you to contact Deborah if there is something you would like NSWIPP to consider in the public issues area.

#### **Presentation for Membership**

It is my great pleasure to announce that Kathy Watson has been ratified by the EC as a full member of NSWIPP, following her very thoughtful and open presentation last Monday Congratulations to Kathy and I look forward to her joining in the active life of the institute. It was also very heartening to see so many attending Kathy's presentation, including Kathy's colleagues from the 2016 Training Group. Kathy is the first of this group to present for membership and I look forward to others in this group joining Kathy in moving to full membership.

I am also looking forward to Sharon Murphy presenting for Associate membership on 29<sup>th</sup> November. NSWIPP has been experiencing a growing interest in our full and associate memberships from clinicians with comparable trainings and experience. NSWIPP is indeed enriched by this diversity.

Thank you to Belinda and the MAB for the thorough and containing process of all membership matters.

#### PPAA Conference 30-31 October 2021

Over the weekend, a number of us from NSWIPP, including 4 trainees, attended the very successful PPAA 2-day conference. For the first time it was held online, due to Covid-19 related limitations. A record 86 delegates attended, 26 of these trainees from across Australasia. There was a wonderful array of very thoughtful and stimulating papers from across the PPAA member associations, including a paper from Maria Kourt entitled "Swimming in the Sky: A story of

rupture, regression, repair and recovery".

As has been the tradition in recent years Trainees/candidates attended most of the presentations as well as attending a separate program on Sunday morning for Balint groups and a presentation from Victorian candidates.

I encourage everyone to consider attending the conference next year when we all hope it will be in-person. It will be hosted by the CPPAA in Melbourne on a date to be confirmed.

#### Monthly Clinical Meetings by Peer Groups

A reminder that Tuan Nguy from Julie Fletcher's peer group will be presenting on 8th November. These evenings continue to be a very engaging way for us share in each other's work in a very supportive environment. Even though the shift to using only Zoom for these meetings evolved in response to Covid-19, this format has been so successful we will continue to offer these on Zoom next year.

Natasha Bonnin and Donna Jacobs, members of the peer group pod, invite you to let them know of any changes to your peer group composition or of any new peer groups so that all peer groups and members are represented and have the opportunity to present. You can expect each peer group to be invited to present approximately once a year.

Thank you to Donna and Natasha for your continuing work on this.

#### Website www.nswipp.org

Thank you to Natasha Bonnin for her work towards our now updated website. A reminder that a list of peer group members can be found under the "Members" menu on the Monthly Clinical Meeting page.

#### **Scientific Meetings**

Monday night scientific meetings too will continue to be offered on Zoom. Kylie Innocente, a member of our 2019 training group will be presenting on 22<sup>nd</sup> November.

Next year we can all look forward to a variety of offerings around "The Infant".

There will be Inreach and Outreach components. More information to follow.

Thank you Julie Fletcher and Claire Pattison for doing a wonderful job in gathering themes and ideas and in coordinating these events.

#### Training - News from the ATAB

Congratulations to Julie Fletcher who is our new Chair of ATAB. She assumed the role at our recent AGM in a handover from Michael Moore. Michael has made a tremendous contribution to the life of NSWIPP as Chair for 10 years. A very big Thank You Michael.

Welcome news is the decision to offer a new training to commence later in 2022. Michael Moore and Mary Cameron are facilitating the application process.

We currently have 5 trainees in the 2016 group plus 1 joining from the 2014 group, and 6 in the 2019 group.

### Dadirri 4th-5th December and the End of Year Party 5th December

This weekend will (we are very hopeful!) provide us with the first opportunity in some many months for an in-person occasion.

Dadirri is a long-standing weekend event where consider ourselves in relation to NSWIPP and NSWIPP in relation to ourselves, the year that is closing, the year in front of us. It is offered as a reflective experience, open to ALL members and associates, led by Gill Straker on Saturday and Mary Cameron and Brendan McPhillips on Sunday morning. Open discussion and thoughtful listening to each other is encouraged.

Dadirri will be run as a hybrid event – so if you are unable to attend in person, a good quality Zoom option with our new multi-directional microphone is available to enable those joining from elsewhere to hear clearly and feel involved.

We warmly welcome Members and associates to attend Dadirri.

We warmly welcome members, associates, trainees, affiliates, guests &

partners to attend the End of Year party.

Attendance at both events requires proof of double vaccination and the events will be run in accordance with Covid-19 requirements.

You will have already received the invitations for both events.

### On Premises, Money Matters and Admin.

Jan Williams continues to ably steer our financial ship and along with Anne-Marie oversee our premises. While they have been unattended in recent times, essential repairs have been planned and undertaken over these months. Many thanks to Jan and Anne-Marie.

Lyndall, as she has done for some years now, continues to bring her warm, generous, and responsive admin support to the EC, to our committees, and to myself as a new President learning the ropes. A big thank you to Lyndall.

#### **Social Connection**

We have decided to, by and large, continue with the Zoom format next year - the last 18 months increased attendance, ease of access in time and distance, and the liveliness of the discussions where we are all sharing the screen together, have given us encouragement to continue to do so. We have all probably missed seeing each other in person for presentations also for the incidental communications and gestures that occur around these events. I certainly have.

Let's all think about possibilities for an occasion social occasion... please get in touch if you have a suggested activity.

I am also mindful that we have a number of members in our "Retired Members" category. If you are one of these members, I am hopeful we can develop some ways to involve you in the productive life of the Institute.

Finally, I do hope that you and your loved ones have survived these challenging couple of years of Covid-19 as well as possible. I know for some of you it has been a very painful and difficult year in a number of ways.

I am aware I have much to learn as I lean into the role of President. I hope to connect with you all in one way or another in the months ahead. Please feel free to email or phone with any concerns or interests.

Warm wishes to you all,

Laurie

#### Contact details:

#### Secretariat:

**President:** Laurie Lovell-Simons <a href="mailto:lauriels@tpg.com.au">lauriels@tpg.com.au</a> 0408 171 050

Honorary Secretary: Maria Kourt mariakourt@aapt.net.au 0419 697 138

**Administrative Secretary:** Lyndall Rees <a href="mailto:nswipp4@bigpond.com">nswipp4@bigpond.com</a> 0406 975 434

**Treasurer:** Jan Williams

janawill@bigpond.com 9660 0178

#### Committees:

ATAB: Julie Fletcher

fjulie500@yahoo.com.au 0412 810 188

**CEAB** coordinator: Julie Fletcher

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MAB: Belinda Keatinge

keatmain@bigpond.com 0412 363 126

ETHICS: Dr Anne-Marie Swan

<u>amswan@tpg.com.au</u> 0418 647 273

**PREMISES:** Jan Williams

janawill@bigpond.com 9660 0178

and

Dr Anne-Marie Swan

amswan@tpg.com.au 0418 647 273

**PUBLIC ISSUES:** Dr Deborah Rozea <u>timtam@tpg.com.au</u> 0407 246 926

#### BIO – Dr Kathy Watson, who presented for Full Membership on Monday 1 November 2021

Kathy Watson is a psychiatrist working in private practice in Campbelltown, in south-western Sydney. She studied medicine in the early nineties and then completed psychiatry training over ten years, while having four kids and running a play group. Training further in psychoanalytic psychotherapy, with NSWIPP, has enriched and deepened her psychiatric work and been personally challenging and rewarding. She has just started a new role as the Director of Advanced Training in Addiction Psychiatry in NSW.

#### BIO – Sharon Murphy, who will present for Associate Membership on Monday 29 November 2021

Sharon Murphy is a psychoanalytic psychotherapist in private practice, working in Annandale, Forestville and on Zoom. Sharon has previously worked in primary and high schools as a school counsellor, and as a Family Dispute Resolution Practitioner. Sharon works in a psychotherapy psychoanalytic model, as well drawing on further training in couple and family systems, Circle of Security parent education, Matre Meo and Mentalization Based Therapy (Basic and Family). Sharon has wideranging experience working with children, adolescents, couples and adults, including adolescents of parents with mental illness, children out-of-home-care, and with victims/survivors of physical and sexual abuse. Sharon is a member of PACFA; CCAFPAA; IARPP; and ICAPP - having completed a formal training with the latter. Sharon particularly welcomes collaboration with therapists involved in the treatment of other members of a client's family, where consent to liaise is granted.



#### **ROOMS FOR LEASE**

### ROOMS FOR RENT NSWIPP – Mitchell St, GLEBE

Professional Consulting room/s available for rent on sessional or weekly basis.

Suitable for psychiatrist/ psychologist/ psychotherapist.

Ideally located off Glebe Point Road.
Parking on site.

Furnished, light, air-conditioned and with its own private access.

There is access to a large meeting/group room and shared kitchen facilities with our association.

Contact Anne-Marie Swan: 0418 647 273 or Lyndall Rees on:

nswipp4@bigpond.com

#### **PYMBLE**

# PROFESSIONAL CONSULTING ROOM

For rent

#### OLITING ROOM

Professional room available for rent available on sessional or weekly basis. Suitable for psychiatrist, psychologist or psychotherapist to join well established group psychological practice in the Upper North Shore.

Ideally located, opposite railway station, next to major bus stop and on street parking.

Modern air-conditioned with large reception area serving 5 furnished rooms, kitchenette and filing/photocopying facilities.

Regular peer review group.

Secretarial and reception services, billing, appointments and reminders.

Under cover staff car parking.

#### For enquiries please contact:

Dr Eng-Kong Tan, Metta Clinic:

9488 7911