



NSWIPP

NSW Institute of
Psychoanalytic
Psychotherapy

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JULY/AUGUST 2021 NEWSLETTER

Editor: Anne-Marie Swan

Calendar of Meetings:

Monday 19 July 2021

****ATAB MEETING -7:45pm (via Zoom)**

Monday 26 July 2021

***CONTINUING PROFESSIONAL
DEVELOPMENT MEETING –
Anne-Marie Swan – 7.45pm**

Monday 2 August 2021

SUPERVISORS' MEETING – 7.30pm

Monday 9 August 2021

*****MONTHLY CLINICAL MEETING
Natasha Bonnin– 7.45pm**

Monday 16 August 2021

****ATAB MEETING -7:45pm (via Zoom)**

Saturday 21 August 2021

EC MEETING – 2:00pm

Monday 23 August 2021

***CONTINUING PROFESSIONAL
DEVELOPMENT MEETING –
Judith Pickering 7:45pm**

**Open to trainees provided there are no boundary issues.*

***ATAB meetings are normally held on the 3rd Monday of every month. If you would like to attend, please contact Lyndall.*

****Open to members only*

Monday 26 July 2021, 7:45pm

***Continuing Professional
Development Meeting
Anne-Marie Swan presenting, via
Zoom: *The Myth of Aesclepius and
Its Relevance Today***

NSWIPP members, guest members, associates, affiliates and trainees are warmly invited to attend.

RSVP online:

<https://nswipp.org/events/scientific-meeting-july/>

Monday 9 August 2021, 7:45pm

*****Monthly Clinical Meeting:
Natasha Bonnin presenting, via
Zoom**

[Details to follow]

Please note: this is for NSWIPP members only.

Monday 23 August 2021, 7:45pm

***Continuing Professional
Development Meeting
Judith Pickering presenting, via
Zoom:**

On Not Knowing in Psychotherapy

NSWIPP members, guest members, associates, affiliates and trainees are warmly invited to attend.

RSVP online:

<https://nswipp.org/events/scientific-meeting-august/>

Please note: All the above meetings will be held via zoom on this link:

<https://us02web.zoom.us/j/83427615194?pwd=WJ4MFViWW9FWXRYNUNUa04zVnpYdz09>

Future Events:

**Monday 13 September 2021,
7.45pm**

*****MONTHLY CLINICAL MEETING**

[Details to follow]

**Monday 27 September 2021,
7:45pm**

***CONTINUING PROFESSIONAL
DEVELOPMENT MEETING**

**Penny Jools and Brad Freeman
presenting**

[Details to follow]

MESSAGE FROM ANNE- MARIE SWAN

Dear All-

Well, here we are again, finding ourselves in troubled waters, fifty one years after Simon and Garfunkel wrote their lyrics, against the backdrop of a world in chaos. And, like the words of the song, we need to find a way to bridge them. These are certainly challenging times as we seek to contain ourselves while trying to contain our patients. With exquisite irony, the lockdowns remind us of how much we need each other and of how important is the world of our relationships, both internal and external. We *will* get through it, but we will only do that if we can do it together, arguably the greatest challenge.

As a community I think we are doing well. Let us keep on doing that together.

We had our last Executive Committee meeting on the 19th of June with Laurie attending as our new President-Elect. She will be formally voted in at the AGM in October. A big welcome and great vote of thanks to Laurie for taking over.

The major points for discussion were as follows:

Finances: We are \$10,000 better off than we budgeted for thanks to the great work of our Treasurer, Jan. A big vote of thanks to all those who

donated to the Building Gift Fund. We received a total of \$9,230 which is great and has been a help with having our roof repaired. Just a reminder that anyone can make a tax deductible donation to the Building Gift Fund which enables us to fund ongoing maintenance of the building.

Peer Groups: The Monthly Clinical Meetings (MCM's) are proceeding well with great attendance and an atmosphere of collegial reflective discussion which is a tribute to all but especially to the Peer Group Pod (PGP) comprised of Donna Jacobs, Natasha Bonnin and, until this year, Jo Barnes.

There is an ongoing issue about how people can get into a Peer Group, and it was decided that we should discuss this as a key issue for Dadirri this year.

Just a reminder as well to all Members to let us know if you are in a Peer Group, whether with NSWIPP members or otherwise, or are in individual supervision. Natasha has brilliantly constructed a map of the Peer Groups which we will send out to you when we have more information coming in.

Membership: A big welcome to Membership to Lachlan McPhail who gave a well-received presentation for Membership in May. Membership is currently flourishing and many thanks to Belinda, Donna and Jo for the great effort they put into bringing this about.

A reminder to those who have not yet filled out the Membership Renewal Form (there are forty-six of you!) to please do so as it helps us to keep touch with one another.

Training: The 2016/14 Training Group are continuing with ongoing clinical seminars under the guidance of Sheriff Rewais. The 2019 training group have completed their first term of seminars and embarked on their second term. This group made history when they gave an excellent presentation of their Infant Observation under Covid conditions in late May. It was a great

opportunity to meet them all and we can be justly proud of both our cohorts of trainees and of the many Members who continue to support their development. Laurie and Mary did an outstanding job of holding them together throughout this extraordinarily challenging time.

We now have a total of thirteen trainees at various stages of their training and I cannot thank enough those who have contributed to the training in various ways and particularly Michael, who has brought the training to the level it is at today. As you know, Julie Fletcher will be stepping into the role of Director of Training in October and a big vote of thanks to Julie as well and to Jo, Mary, Eva and Sheriff who are the other members of the Training Committee.

We hope to undertake a third cohort of trainees in 2022.

As an Institute we have purchased the license to an excellent video resource entitled *Becoming- Three Infants Observed*. We hope to be able to use this as a resource for our training during Covid. Many thanks to Belinda for following this up and making it a possibility.

Another great contribution to both training and membership this year has been the purchase and installation of a new multi-directional microphone, a Jabra Speak 710, which works on Bluetooth and charges through the computer. This picks up conversation in the room and the sound is good for those zooming in. It will enable us to do 'Room and Zoom' for training as well as meetings when the virus permits! Importantly it will also allow our members from remote locations to Zoom in more comfortably. For larger meetings we may still need to use a roving mike.

Many thanks to Michael and our trainees as well as to Steen, Lyndall's husband, who bought and installed it for us at a minimal cost.

Dadirri: Dadirri will be held this year from Saturday, 4th December to Sunday, 5th December and followed by our End of the Year party again at Ahgora on the Sunday afternoon.

It would be great to have as many of you present as possible as this is our annual 'yarning circle' where we get the chance as a whole community to think about key issues in the life of our community. Gill Straker has kindly agreed to facilitate the Saturday morning discussion and Michael will co-ordinate the programme. All ideas gratefully considered.

Hopefully, this will be an opportunity for us to celebrate our coming out of lockdowns and a renewed, embodied sense of ourselves as a community.

Continuing Education: Many thanks to Julie and Claire who have been holding this together in a Pod for us. It has been a stimulating programme with a focus this year on adjunctive therapies ranging from poetry, through a Jungian perspective on gender dysphoria, to Egala therapy with horses and the latest developments in Neuroscience. We have had excellent attendance via Zoom and stimulating, thoughtful discussions. Hopefully we may be able to move back to a 'Room and Zoom' at a later time which will enable an optimal experience for all.

Ethics: Thankfully, there are no current ethical issues. We are in the process of ratifying our Privacy policy and will send this out soon. The next CPD meeting on the Myth of Aesclepius, the Wounded Healer, is one of the two Ethics seminars we are committed to on an annual basis as part of our Ethics Statement.

Premises: A huge vote of thanks to Jan for her excellent attention to the needs of the Premises which now belong to us all (and of course partly to the Bank!). A number of repairs have been carried out during the year, most recently much needed repairs to the roof. Lyndall has attached photos

of these for your edification at Jan's request.

Thanks also to Maria who has organised for the installation of plantation shutters in the consulting room which will offer greater privacy and flexibility of use as well as being more attractive to renters than the current very dated venetian blinds.

Thanks to all those who use the Premises for meetings for leaving it in a clean and tidy state which makes the work of the committee so much easier. We all have a stake in keeping things user friendly.

Website: This is currently under construction, and we are indebted to Natasha who, despite having moved to the southern highlands with two small children and a baby in tow, has taken this under her wing. There have been Covid related delays, but we are ever hopeful of finalising it soon. We are endeavouring to change it to a more attractive, more user-friendly form and it is taking shape nicely, if somewhat slowly.

PPAA: Michael, Laurie and I are your designated representatives on the PPAA Executive Council which met most recently on the 4th of July. This was followed by the AGM on the 8th.

Anne Malecki has sadly retired as Administrative Secretary and been replaced by Vanessa Stenbridge. We are all very sad to see Anne go and she will be properly farewelled, hopefully in Melbourne, at the next Annual PPAA Conference- again at the behest of the virus!

This is currently scheduled from Friday, 29th October to Monday, 1st November. Save the date as the Conference is a great way to catch up with colleagues from across Australia and New Zealand.

As Laurie is taking up the role of President of NSWIPP, she has stepped down from her former role as Chair of the Public Issues Committee of the PPAA as well as this role in NSWIPP.

I think we would all agree that she has done an outstanding job in highlighting the contribution that psychoanalytic thinking can make towards key ethical and social issues of our time. Despite the controversies that sometimes arise around this, I think there is general agreement that if we wish to be taken seriously by the community at large we do need to demonstrate that we are both aware and able to make meaning of the relationship between our internal and external worlds and the way in which each may affect the other.

We need someone to take up Laurie's role in NSWIPP which will also involve being a member of the PPAA Public Issues Committee. It is a key role for us all and I would urge everyone to think seriously about whether this is something that you feel able and enthusiastic to do. Laurie will be available to support the incoming NSWIPP public issues representative.

Finally, as ever, I want to thank Lyndall, who performs her role as Administrative Secretary with enormous generosity, good-will and diplomacy. We are indeed fortunate to have her and to have Steen as a welcome addition.

These are trying times, but we can all get through them together and we will.

Warm wishes to you all,

Anne-Marie

Message from the Peer Group Pod:

We are pleased to say that the monthly clinical meeting, begun two years ago, is continuing to bring members together in discussion of clinical cases on a monthly basis. To date, presenters and members alike have commented on how useful, interesting and connective it has been as a process.

The peer group pod comprising Natasha Bonnin, Donna Jacobs and Joanna Barnes (now advisory) are endeavouring to collate the peer groups, and to produce a roster that permits members to present within their peer groups on a roughly rotational basis. We do our best however we are aware that we may have missed people or peer groups. If we have not accounted for your peer group in our list or on our roster, we would be very glad to hear from you so that we can provide a more comprehensive list and roster. If you are not in a peer group, please let us know as well. We are trying to find the best system to facilitate placement in peer groups despite this having inherent challenges. Being aware of who would like to be in a peer group, will assist us in this process.

We hope that as time goes by more members will join in what after all, is our core business of hearing and thinking about clinical material.

Contact details:

Secretariat:

President: Dr Anne- Marie Swan
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Administrative Secretary: Lyndall Rees
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Treasurer: Jan Williams
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Committees:

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MAB: Belinda Keatinge
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ETHICS: Dr Michael Moore
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PREMISES: Jan Williams
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and

Dr Anne-Marie Swan
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**Photos of new roof, new ceiling in flat -
no more leaks for our faithful tenants,
Emma, Michael and pussy cat ...**





ROOMS FOR LEASE

ROOMS FOR RENT NSWIPP – Mitchell St, GLEBE

**Professional Consulting room/s
available for rent on sessional
or weekly basis.**

**Suitable for psychiatrist/ psychologist/
psychotherapist.**

**Ideally located off Glebe Point Road.
Parking on site.**

**Furnished, light, air-conditioned and
with its own private access.**

**There is access to a large
meeting/group room
and shared kitchen facilities with our
association.**

Contact Anne-Marie Swan:

0418 647 273

or

Lyndall Rees on:

nswipp4@bigpond.com

PYMBLE

PROFESSIONAL CONSULTING ROOM

For rent

Professional room available for rent available on sessional or weekly basis. Suitable for psychiatrist, psychologist or psychotherapist to join well established group psychological practice in the Upper North Shore.

Ideally located, opposite railway station, next to major bus stop and on street parking.

Modern air-conditioned with large reception area serving 5 furnished rooms, kitchenette and filing/photocopying facilities.

Regular peer review group.

Secretarial and reception services, billing, appointments and reminders.

Under cover staff car parking.

For enquiries please contact:

Dr Eng-Kong Tan, Metta Clinic:

9488 7911