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#### **DECEMBER 2019 NEWSLETTER**



## <u>Calendar of Meetings in new</u> year:

#### Monday 3 February 2020

**CASE CONFERENCE - 7:45pm** 

#### **SATURDAY 15 February 2020**

EC MEETING - 2:00pm

#### Monday 17 February 2020

\*\*ATAB MEETING - 7:45pm (via Zoom)

#### Monday 24 February 2020

\*CONTINUING PROFESSIONAL
DEVELOPMENT MEETING – 7:45pm

#### Saturday 7 March 2020

Presentation for Membership Kate Stewart – 2.00pm

#### Monday 30 March 2020

Presentation for Associate Membership Brad Freeman – 7.45pm

\*Events marked with an asterisk are open to trainees provided there are no boundary issues.

\*\*ATAB meetings are normally held on the 3<sup>rd</sup>
Monday of every month. If you would like to attend, please contact Lyndall at nswipp4@bigpond.com

### Monday 3<sup>rd</sup> February 2020, 7:45pm Case Conference:

### Belinda Keatinge from #12 peer group presenting

Editor: Anne-Marie Swan

Please note: this is for NSWIPP members and non-members of the presenter's peer group only.

RSVP to Lyndall: <a href="mailto:nswipp4@bigpond.com">nswipp4@bigpond.com</a>

#### Monday 24<sup>th</sup> February 2020, 7:45pm Continuing Professional Development Meeting:

Elana Cohen presenting Adjunctive

## Therapies: Breathing with Heart Rate Variability Biofeedback

NSWIPP members, guest members, associates, affiliates and trainees are warmly invited to attend.

RSVP to Lyndall: <a href="mailto:nswipp4@bigpond.com">nswipp4@bigpond.com</a>

#### **SATURDAY 7 March 2020, 2.00pm**

Kate Stewart presenting for membership

The presentation will take place at the NSWIPP Premises in Glebe.

**Please note** this will be held on a **SATURDAY** All Members and senior trainees are invited and welcome to attend.

(See later in newsletter for Kate's bio.)

#### Monday 30 March 2020, 2.00pm

Brad Freeman presenting for Associate membership

The presentation will take place at the NSWIPP Premises in Glebe.

All Members are invited and welcome to attend.

(See later in newsletter for Brad's bio.)

# MESSAGE FROM THE PRESIDENT - Anne-Marie Swan

Dear All-

At the end of a year that has been mixed with many things, I'd like to take this opportunity to wish you all a peaceful and happy holiday.

The year is tinged with sadness as we farewell Neville Symington from our midst. He was a towering figure who left his mark on the psychoanalytic community both here in Sydney, Australia and abroad. Like many who have gone before him, we honour his legacy to us as we continue the challenge of our work.

We also feel sadness for Dorothy Francis who has been such a strong supporter of our work and who, if not for her illness, would be writing these words now as President. We wish her well on her journey through this difficult time.

And we welcome a NSWIPP baby into our midst with the arrival of Natasha's baby, Flora.

As I look back on the year, my primary feeling is one of gratitude to both past and present. Members for their continued commitment to the life and work of the Institute which has brought us to a place where we can truly say that we are in good shape.

Thanks to Jan, our current treasurer and to Eva, our past treasurer, we are in the process of owning our own premises and are in a sound financial position. Thanks to Belinda and а strong membership committee we have had five new Members this year. Thanks to Michael and a strong training committee we have seven new trainees this year and continued interest in our training. And thanks to Natasha and a strong continuing education committee we have managed to put together a programme for CPD as well as continued peer case conferences. Thanks again to Michael and a strong Ethics committee we have had some good discussions and no complaints. Laurie has done a great job with chairing of the supervisors' group. Despite having a baby

along the way, Natasha has not only coordinated the CPD but also taken up the challenge of the website and Julie has ably taken over when the demands of motherhood became pressing. Thanks to Maria we have had a highly successful book sale and a clearance which is long overdue and has given us more space in the Seminar room. I can only express gratitude to all on the Executive for the cohesive way in which everyone has worked together and just 'got on with the job'.

None of this would be possible without our having an excellent administrative officer in Lyndall, who keeps us all up to the mark with unfailing cheerfulness and expertise.

The official business of the year recently came to a close with a great Dadirri experience which was held at our premises. This was brilliantly facilitated by Gill on the Saturday morning and Laurie and Jo on the Sunday morning. A really striking feature for me this year was the mix of Membership between the old and the new as well as the general agreement that things are getting better each year in terms of group satisfaction and cohesion. Please read the summary which Jo and Laurie have prepared and is being sent out to you all.

Finally, the year ended on a happy note with the Christmas Party. Thanks again to Dorothy for her inspiration in finding the venue for us at the Welcome Hotel in Balmain. You were very much missed. And a big thanks to Natasha for coming 'en famille' and introducing us to Flora. It was unfortunate that the date coincided with the date of the Sydney Institute Party and we'll try to be more careful next year.

May we all look forward to a well-earned rest and a great New Year with hope for the future as we tackle some of our major challenges on a global scale.

Warm wishes,

Anne-Marie

Ph: 0418 647 273

#### **Contact details:**

#### Secretariat:

**President:** Dr Anne- Marie Swan amswan@tpg.com.au 0418 647 273

**Honorary Secretary:** Maria Kourt <a href="mariakourt@aapt.net.au">mariakourt@aapt.net.au</a> 0419 697 138

**Administrative Secretary:** Lyndall Rees <a href="mailto:nswipp4@bigpond.com">nswipp4@bigpond.com</a> 0406 975 434

**Treasurer:** Jan Williams

janawill@bigpond.com 9660 0178

#### Committees:

ATAB: Dr Michael Moore

mfrmoore2010@gmail.com 0418 454 822

**CEAB coordinator:** Dr Natasha Bonnin <a href="mailto:nkbonnin@yahoo.com">nkbonnin@yahoo.com</a> 0438 007 464

MAB: Belinda Keatinge

keatmain@bigpond.com 0412 363 126

ETHICS: Dr Michael Moore

mfrmoore2010@gmail.com\_0418 454 822

**PREMISES:** Jan Williams

janawill@bigpond.com 9660 0178

and

Dr Anne-Marie Swan

<u>amswan@tpg.com.au</u> 0418 647 273

#### 2020 Membership Fees

In late January members will be sent an invoice for membership fees which are constitutionally required to be paid by 30th June.

The amount and category of membership will be the same as last year. If a member wants to pay by instalments, please let Lyndall know by email so she can arrange appropriate invoices.

Members who wish to alter membership status should apply to the Membership Committee.

### Kate Stewart will present for Membership on Saturday 7 March 2020

#### Bio – Kate Stewart

Kate Stewart has lived in Canberra since migrating to Australia in 1990. Kate undertook clinical training in the U.S., completing her PhD and re-accreditation training here. She has worked as a clinical psychologist in private practice since 2006. Kate's clinical supervision with a psychoanalyst motivated her to embark on Infant Observation supervised by Margaret Goodchild in 2011, which in turn led her to join the NSWIPP training in 2012.

#### Brad Freeman will present for Associate Membership on Monday 30 November 2020

Bio - Brad Freeman

Brad Freeman has spent most of his career working with children, adolescents, couples and families. He has worked in the public sector as a Senior Clinical Psychologist for Child and Adolescent Mental Health Services, in Sydney and Hobart, as well as having conducted a private practice for over 30 years.

Brad had special interests in the fields of early childhood, couple and individual psychotherapy, and reflective practice consultation to organisations. Brad's current practice is in Hobart, Tasmania.

#### PLEASE NOTE:

Lyndall we be on leave from 28<sup>th</sup>
December to 21<sup>st</sup> January.
She will reply to her emails as soon as she can on her return.



























#### **ROOMS FOR LEASE**

# ROOMS FOR RENT NSWIPP – Mitchell St, GLEBE

Professional Consulting room/s available for rent on sessional or weekly basis.

Suitable for psychiatrist/ psychologist/ psychotherapist.

Ideally located off Glebe Point Road. Parking on site.

Furnished, light, air-conditioned and with its own private access.

There is access to a large meeting/group room and shared kitchen facilities with our association.

Contact Jan Williams: 0425 288 916 or Lyndall Rees on: nswipp4@bigpond.com

### ROOM FOR RENT

#### **CROWS NEST**

Light and sunny room available for rent in a practice with an analyst and a Clinical Psychologist. 3 rooms plus waiting room and kitchen, 1st floor in building in Crows Nest, very convenient opposite new Metro station, close to buses and trains. Very reasonable rent. Clinical meetings/ peer supervision is available.

If you are interested in finding out more, contact

Jyotsna Field

0421021859

# Sessional Consulting Rooms St Leonards

Professional consulting rooms available in
established psychotherapy practice
conveniently located opposite Royal North Shore
Hospital, three minutes' walk
from St Leonards Station.
Rooms are well lit, air conditioned, and sound

proofed. Wi-fi access is provided.

Amenities include staffroom with kitchen facilities and underground secure parking.

Hourly, half-day or full day sessions available.

For further information please call 9436 3031

### ROOM FOR RENT ROSEVILLE

Spacious room [in fact two adjoining rooms] available for lease in small psychoanalytic psychotherapy practice (two full time clinicians).

Pleasant and quiet location in heritage building, close to train station.
Rent approximately \$1600/month.

Another room is available for sessional work. Rent \$90/day or \$50/half day

All enquiries to Dr Paul Schimmel 02 94158498/ pschimmel51@gmail.com

