



NSWIPP

NSW Institute of
Psychoanalytic
Psychotherapy

NSWIPP Position Statement on LGBTQ Issues

NSWIPP respects the individual's autonomy, essential humanity and dignity. NSWIPP strongly affirms the right of all people to their sexual orientation, gender identity and gender expression and believes same sex sexual and romantic relationships are non-pathological variations of human sexuality that do not constitute a disorder or illness.

As in all psychoanalytic treatments, the goal of psychoanalytic psychotherapy is to understand, provide safety and to promote psychological health and well-being and does not encompass purposeful attempts to “convert”, “repair”, change or shift an individual's sexual orientation, gender identity or gender expression. Such direct efforts are against the fundamental principles of psychoanalytic psychotherapy and can result in substantial psychological pain by reinforcing damaging internalised homophobic attitudes. As with any societal prejudice or bias against individuals, based on actual or perceived sexual orientation, gender identity or gender expression, this negatively impacts mental health and contributes to an enduring sense of stigma and pervasive self-criticism through the internalisation of such prejudice.

As a member association of the PPAA, NSWIPP also supports the [PPAA Marriage Equality Media Release](#)