

Continuing Professional Development Seminar

Postcard from Melbourne

My experience of Dynamic Interpersonal Therapy (DIT) training



Presented by Dr Michael Moore

to be held at NSWIPP premises, Glebe on Monday, 27th March 2017 from 7:45pm

Last December, I was part of a group that also included some NSWIPP members, that spent 4 days in Melbourne at a training course in DIT. The trainers were from the Tavistock Clinic in London and this was the first time the training had been held in Australia. It was an intense and interesting experience.

I aim in this talk to share some of what I learnt about DIT as well as some of the thoughts that arose for me from the experience of the training. Part of the experience was being in a group that included psychoanalysts, psychoanalytic psychotherapists, psychiatrists and other non-medical therapists with an interest in shorter forms of psychodynamic work. The different ways the training impacted on us was what I found the most stimulating and thought-provoking. The similarities and differences of our work and theories (implicit and public) were most striking. I hope this talk will provide some stepping-stones for a lively collegiate discussion.

***Michael Moore** is a psychiatrist with a private practice in psychoanalytic psychotherapy. He supervises privately as well as in public mental health as a VMO in the Sydney Local Health District and for the RANZCP Advanced Training program. He is also involved in teaching for SLHD, the RANZCP and NSWIPP. As well as NSWIPP, he has been the Training Chair of the PPAA. He is currently President of NSWIPP.*

NSWIPP members, guest members, associates, affiliates and trainees welcome to attend.

Places are limited so please RSVP to Lyndall Rees at nswipp4@bigpond.com or 0406 975 434