



**NSWIPP**  
NSW Institute of  
Psychoanalytic  
Psychotherapy

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## JUNE 2017 NEWSLETTER

Editor: Michael Moore

### Calendar of Meetings:

#### **Monday 5 June 2017**

Presentation or membership  
Jo Coulthard – 7:45pm

#### **Monday 19 June 2017**

**\*\*ATAB MEETING** – 7:45pm (via  
Zoom

#### **Saturday 24 June 2017**

**EC MEETING** – 2:00pm

#### **Monday 26 June 2017 – 7:45pm**

**\*CONTINUING PROFESSIONAL**

**DEVELOPMENT MEETING**

Details TBA

**\*Events marked with an asterisk are open to trainees provided there are no boundary issues.**

**\*\*ATAB meetings are normally held on the 3<sup>rd</sup> Monday of every month. If you would like to attend, please contact Lyndall at [nswipp4@bigpond.com](mailto:nswipp4@bigpond.com)**

**Please note the following fixed dates:**

1<sup>st</sup> Monday - Open

2<sup>nd</sup> Monday - Open Peer Group

3<sup>rd</sup> Monday - ATAB Meeting

4<sup>th</sup> Monday - CPD Meeting

5<sup>th</sup> Monday - Open Monday

**PLEASE NOTE:** There will be no OPG meeting in June.

#### **Monday 5 June 2017, 7.45pm**

**Joanna Coulthard presenting for Membership to NSWIPP: "Too big for my boots?"**

The presentation will take place at the NSWIPP Premises in Glebe.

All Members and senior trainees are invited and welcome to attend.

#### **Future Events:**

##### **Open Peer Group Meeting**

The next Open Peer Group (OPG) meeting will be held on

**Monday, 10<sup>th</sup> July** at 7:30pm, Glebe.

Contact Chris Fairall: 0412456716/  
[christopher.fairall@gmail.com](mailto:christopher.fairall@gmail.com)

#### **Monday 31 July 2017, 7.45pm**

**Mee Hee Douglas presenting for Membership to NSWIPP.**

The presentation will take place at the NSWIPP Premises in Glebe.

All Members and senior trainees are invited and welcome to attend.

Please see Mee Hee's bio in this newsletter.

#### **INFANT OBSERVATION STAND-ALONE PROGRAM**

Our Infant Observation Program is now an ongoing program with a mixture of trainees and stand-alone participants. There are current vacancies in the Infant Observation groups.

**Please let anyone you think might be interested know.**

Enquiries should be made to Lyndall Rees in the first instance.

## MESSAGE FROM THE PRESIDENT – Michael Moore

I hope this letter finds everyone well. It is coming out just prior to the PPAA Conference in Fremantle so many of us are looking forward to seeing each other in a different context and catching-up with our friends and colleagues from the other Member Associations. Anne-Marie, Julie Smee and myself will also be representing NSWIPP at the PPAA Council meeting.

To update you on Executive Committee matters, MAB issues were to the fore. The MAB has continued to be very active of late with ex-trainees moving towards membership and applications from members of other organizations such as our Member Associations of the PPAA. **Joanne Coulthard** will be presenting for Membership June 4, **Mee Hee Douglas** (coming over from APPWA) July 31 and **Claire Pattison** September 4. As mentioned last time, the EC and MAB are working together to ensure we have membership pathways that are sound and appropriate for different types of applications, some of them new to us.

The MAB and the EC also actively consider our Membership categories to try and find the right balance between the needs of NSWIPP and the needs of Members. We've also been working on making sure the documents express the categories clearly.

We welcomed two members who were in attendance at our most recent meeting: Donna Jacobs and Natasha Bonnin. Donna helpfully raised the issue of peer review groups and in particular, the difficulties finding ways into established groups. This has been an ongoing concern and is an issue for other organizations too. Donna and Natasha offered to form a "pod" to revisit this issue and we thank them for their energy. Similarly, with the cycle of trainees transitioning to membership beginning again, the MAB and EC want to focus on better ongoing mentorship of these new members to help with their integration into the NSWIPP community. Many thanks to

Belinda Keatinge and her committee for their valuable contributions.

There is much CEAB activity behind the scenes as we think-through the best approaches for the future. Some of this is medium or longer-term planning, such as using live-streaming for some outreach activities and re-investigating reaching out to groups such as university psychology departments and their students. We've begun sifting-through the many suggestions arising from the member lunch but there is still some way to go. We welcome and thank Natasha Bonnin for her ideas and contributions to date. In the meantime, we hope to continue the continuity of the scientific meetings throughout the year – there are available spots for anyone thinking of a presentation especially ones with a clinical focus. The last meeting looked at ethical dilemmas that can arise clinically which was very stimulating and useful. Attendees presented many examples from their own consulting rooms and it was noted how free everyone felt in the group to speak of their challenging situations. A big thanks to Jo Barnes for facilitating the evening.

We should have a date soon for the Isla Lonie Memorial Lecture that will be kindly given by Anne-Marie this year. It looks like the Dadirri weekend will be on either the first or second weekend in November.

Our most recent social event was at the Darlinghurst Theatre where we saw "Hysteria" followed by dinner. Many of us hadn't been to this theatre before and were really impressed by the venue and the production. Many thanks to Dorothy for her excellent, ongoing organization of these social activities which do so much for the culture of our professional home.

For the sake of brevity, there is little new to report on Training, Finances or the premises since the last newsletter. The revised Code of Ethics should be ready to go on the website soon, however every member and trainee will also receive their own copy.

Finally, I would like to acknowledge and thank all the EC and committees for the work they do for NSWIPP as well as wishing everyone the best for the next few months.

Warm regards to you all,

*Michael*

Ph: 0418 454 822

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### **Contact details:**

#### **Secretariat:**

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**Treasurer:** Jan Williams  
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#### **Committees:**

**ATAB:** Dr Michael Moore  
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or

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Anne-Marie Swan  
[amswan@tpg.com.au](mailto:amswan@tpg.com.au) 0418 647 273

**Mee Hee Douglas  
will present for Membership  
Monday 31<sup>st</sup> July, 2017**

### **Bio – Mee Hee Douglas**

Mee Hee Douglas is a Clinical Psychologist, completing her training with APPWA in 2014 and becoming a Clinical Member in 2015. She has a special interest in Eating Disorders and was selected to be part of the team to establish WA's first statewide, outpatient, adult eating disorders service. She has also worked at Fremantle CAMHS for 6 years and had a private practice in Fremantle for about 9 years until she moved to Byron Bay in 2015 where she was contracted to be the psychotherapist for The Sanctuary. She has since lived in Sydney for just over a year.

Mee Hee currently has a private practice at Calliope in Annandale and works with children, adolescents, adults and couples. She is currently a Member of the Child, Couples, and Families Psychoanalytic Psychotherapy Association of Australasia.



## ROOMS FOR LEASE

### **ROOMS FOR RENT NSWIPP – Mitchell St, GLEBE**

**Professional Consulting room/s available for rent  
on sessional or weekly basis.**

**Suitable for psychiatrist/ psychologist/ psychotherapist.**

**Ideally located off Glebe Point Road. Parking on site.**

**Furnished, light, air-conditioned and with its own private access.**

**There is access to a large meeting/group room and shared  
kitchen facilities with our association.**

**Contact Jan Williams: 0425 288 916  
or Lyndall Rees on: [nswipp4@bigpond.com](mailto:nswipp4@bigpond.com)**

### **Greenwich / St Leonards**

This well presented 28 square meter room has big windows, lots of light, a leafy outlook and views of the city (see web link for photos). The room is accessible at weekends and out of hours and the tenant has 24/7 use of a secure parking space under the building. It can also be shared by two practitioners, with the landlord's permission.

The practice comprises two consulting rooms which share a waiting area, bathroom and kitchenette facilities. Both have individually adjustable air conditioning and good sound insulation. Rent includes cleaning and electricity.

Business signage at the front of the premises is available. The room has a secure telephone landline for Medicare and private health insurer access. Client access to the building is by PIN code or via secure entry phone and the room shares a secure mail box with the one other consulting room in the suite.

The practice is at the (quiet) rear of a square of professional, commercial terraces near the corner of Pacific Highway and Greenwich Road, 8 mins walk from St Leonards station with a bus stop outside for City and Chatswood/Manly routes. There is also one hour metered parking in the side streets for clients.

Located in the St Leonards medical district, close to Royal North Shore Hospital, the room would suit medical, psychological, occupational, counselling or small business services, etc. Other businesses in the square include: 2 psychiatry practices, a surgeon practice, a chiropractor, a physical fitness studio, a dentist, a dental laboratory, an architecture company and an engineering company.

**Rent:** including a secure parking space under the building, cleaning and electricity is negotiable, depending on length of lease. Availability: part time from August, full time from October 2017.

**Contact:** Sue Austin on 9436 0040 or [sue@sueaustin.net.au](mailto:sue@sueaustin.net.au)

**Website:** for photos of room and practice premises see <http://www.sueaustin.net.au/room.html>