



NSWIPP

NSW Institute of
Psychoanalytic
Psychotherapy

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FEBRUARY 2014 NEWSLETTER

Editor: Anne-Marie Swan

Calendar of Meetings:

Monday 3 March 2014

*INREACH MEETING – 7:30pm

Monday 10 March 2014

OPG MEETING – 7:30pm

Monday 17 March 2014

**ATAB MEETING – 7:45pm

Monday 24 March 2014

*INREACH MEETING – 7:30pm

Friday 28 March 2014

MAB MEETING – 10:30am (phone)

Friday 28 March 2014

EC MEETING – 3:30pm

Monday 7 April 2014, 7:30pm

PRESENTATION FOR ASSOCIATE
MEMBERSHIP – DR JACQUI WINSHIP

*Events marked with an asterisk are open to trainees provided there are no boundary issues.

**ATAB (Adult Training Advisory Board) meetings are normally held on the 3rd Monday of every month. If you would like to attend, please contact Jan on 9558 3175.

Inreach Meeting – 3rd March 2014, 7:30pm

To accommodate availability of the presenters, the next Inreach meeting will be held on Monday, 3rd March 2014 at 7:30pm (instead of 24th February). Steen Rees will be presenting an evening on *How to Get the Most Out of Our Technology*. RSVP's to Jan on 9558 3175 or nswipp2@bigpond.com.

Inreach Meeting - 24th March 2014, 7:30pm

The next Inreach meeting will be held on Monday, 24th March 2014 at 7:30pm. Dr Anne-Marie Swan will be presenting on *The Implications of DSMV for Psychoanalytic Psychotherapy*. RSVP's to Jan on 9558 3175 or nswipp2@bigpond.com.

Open Peer Group Meeting

The next Open Peer Group (OPG) meeting will be held on Monday, 10 March at 7:30pm, Glebe. Chris Fairall will be presenting clinical vignettes on *Some aspects of a child case - 'What is there to lose?' - touch, language, culture and psychosis - questions for the therapist*. RSVP's to Lewis Rumiz - 9327 4171 or poiesis@ozemail.com.au.

Please note the following fixed dates:

1st Monday-Open Monday

2nd Monday-Open Peer Group

3rd Monday- ATAB Meeting

4th Monday-Inreach Meeting

5th Monday-Open Monday

Contact Details:

Secretariat:

President: Dr Anne-Marie Swan
amswan@tpg.com.au 0418 647 273

Secretary: Jan Kerpan

nswipp2@bigpond.com 9558 3175

Treasurer: Dr Eva Balint

evalint@bigpond.com 9436 3031

Committees:

ATAB: Dr Michael Moore

mfmoore@edgehill.com.au 9552 2455

CEAB-

Inreach: Jan Williams

janawill@bigpond.com 9660 0178

Outreach: Dorothy Francis

ladp@bigpond.net.au 9416 7861

MAB: Julie Smee

jaspinsmee@hotmail.com 0417 684 052

ETHICS: Lyndsey Fletcher

lyndseyfletcher@bigpond.com 0414 786 808

LIBRARY: Julie Smee

jaspinsmee@hotmail.com 0417 684 052

PREMISES: Jan Williams

janawill@bigpond.com 9660 0178

Notes From The President's Desk

Dear All,

I'm sure that we are all feeling well and truly launched into the New Year and it looks like being a busy but worthwhile and exciting year for us as a group.

The Executive Committee met for the first time today, Friday, 14th February, and all our Committees have been busily at work preparing for the year ahead. I will try to keep you all up to date with developments as they occur.

1. **The Christmas Party-** This seems to have been an enjoyable experience for all who were able to attend, and we had a good turnout with 46 attending in all.

The 7 piece Jazz Band, 'Next on the List'; played on the terrace overlooking the back garden and we had a tribute to Nelson Mandela with finger food served by Ben Cristafullis of Yuga Café. It was great to have the Band, and they enjoyed it too!

2. **ATAB News-** We have an existing cohort of 7 trainees, 2 of whom Skype in from Canberra. All have been impressed with the calibre and cohesion of this group. They are about 2 and half years into their Seminar programme.

In addition to this we have a total of 6 trainees commencing this year with 2 Stand-Alone Infant Observation trainees, and there are further indications of interest coming in. The new Seminar Programme will commence in July of this year, and some Infant Observations are already underway.

As you can imagine this will entail a great deal of work for both the Training Board and the many Members who so generously give of their time to teach, supervise, mentor, and also interview candidates for training. I'm sure you would all wish to join with me in thanking them for what is an outstanding effort.

3. **MAB News-**We have a number of enquiries from people wishing to apply for Associate Membership and one for full Membership. Dr. Jacqui Winship will be presenting a Case for Associate Membership on 7th April, and I would urge all possible to attend. A brief

biography of Jacqui is accompanying this Newsletter.

Julie Smee has kindly agreed to act as Chair of the Membership Board now that she has some helpers on board with Donna Jacobs and Maria Kourt. A big thanks also to them all for the great work they are doing in promoting a Membership Drive and dealing with the inevitable work this entails.

Membership Fees- An Executive decision was made to not further increase the fee this year but to focus our efforts on bolstering our finances in other ways, and especially through Outreach activities.

Peer Review Groups- Maria has put a great deal of effort into surveying Members to see if we can solve the problem of helping new Members to find a suitable group. While the Open Peer Review Group has been a partial solution to this problem, it is a matter clearly worth more reflection on the part of us all.

Can I ask that groups discuss this issue and appoint a person from each group to liaise with the MAB so we can get an idea of how people are feeling about it?

And could people who haven't yet responded to the survey please do so as soon as possible? I am really keen for us to work as a whole group, but we can only do that if we are willing to put our views forward. Thanks to the people who have already done so.

4. **CEAB**
INREACH COMMITTEE- Inreach Meetings will occur this year, as before, on the 4th Monday of each month unless otherwise advised. The programme will be published on the Website as it becomes available.

Please contact Jan Williams if you have ideas for possible topics or would like to give a presentation yourself.

OUTREACH COMMITTEE- The very successful Trauma Series is currently underway and we are, as usual, oversubscribed. Feedback from attendees

has again been very positive, and we have had two excellent presentations from Gill Straker-*An Integrated Approach to Trauma* and Jane Davidson- *Therapeutic Work with Adult Survivors of Sexual Abuse*.

Sessions yet to come are:

20th February 2014 – Robin Bowles

“A Special Kind of Listening: Psychotherapy with Refugee Survivors of Torture and Trauma at STARTTS”

27th February 2014 – Dr John Boots

“Vicarious Trauma for the Psychotherapist”

A further series is being planned for later this year.

New Website- Dorothy Francis and a small working party have been working with Christophe Conder of Creative Central to establish a new Website for us. This is a key venture for us and will enrich the life of the Institute in a number of ways. It will most importantly enable improved communication and transparency, carry our history and archives, and improve Member participation in the life of the Institute.

We will be able to alter and update content as needed. A Website, however, is only as good as the content that is put onto it, and we are highly reliant on people providing this as needed and keeping it current.

There is provision for us to upload resource material e.g. articles that may be of interest. If anyone has material they would like to see added, any other ideas or key dates for our calendar etc, please make contact directly with Dorothy Francis at Ph: 9416-7861 or dorothyfrancis1@gmail.com.

5. **Ethics and Values Working Party**- The issue of Ethics is a key one for the Institute, and we are this year concentrating on taking the issue back into the Executive for clarification of policies and procedures and to establish clear future directions in collaboration and with the guidance of Lyndsey Fletcher.

The Executive will appoint an ‘ad hoc’ Committee drawn from its Colleague Resource group to examine individual issues as needed.

In addition, we are hoping this year to include at least two Ethics presentations as part of our Inreach programme.

6. **Dadirri**- This has now become an embedded part of the life of the Institute, since the inception of the first Dadirri Weekend in October, 2007. The theme of that weekend was *Dadirri.... Enabling a Reflective Space to Find Ways of Being Together*.

It is a concept borrowed from Aboriginal culture. The word itself comes from the language of the Ngangikurungkurr people in the Daly River area of the Northern Territory but the practice has equivalents in a number of indigenous groups throughout Australia.

The principles and functions of *dadirri* are:

- ❖ A knowledge and consideration of community and the diversity and unique nature that each individual brings to community.
- ❖ Ways of relating and acting within community
- ❖ A non-intrusive observation, or quietly aware watching
- ❖ A deep listening and hearing with more than the ears
- ❖ A reflective non-judgemental consideration of what is being seen and heard

And, having learnt from the listening.....

A purposeful plan to act, with actions informed by learning, wisdom, and the informed responsibility that comes with knowledge.

We are intending to hold our second Dadirri Weekend in October this year with the venue to be announced to review our vision and goals for the future. We would hope to repeat this every five years.

Proposed dates for the weekend are the 11th to the 12th of October.

Please save these dates. We will institute a process that will enable all Members to participate including those not able to attend in person.

A key theme will be to look at what is our unique identity as a group and how this is expressed. In particular, we will examine the concept of psychoanalytic psychotherapy and its relationship to psychoanalysis.

7. **Other Business:**

- i) *The Isla Lonie Annual Memorial Lecture*- It has been decided to institute this Lecture in honour of Isla, as one of our Founding Members and someone who has contributed greatly to the life of the Institute.

If anyone has ideas on who to ask to present the Inaugural Lecture, please contact either Jan Kerpan or myself.

- ii) *New tax arrangements*- NSWIPP is now formally registered as a tax exempt charitable organisation because of its educational functions. We have also been successful in being granted Donor Gift Recipient (DGR) status which allows Members and other interested persons to make tax-deductible donations to a newly set up Building Fund.

- iii) *Building Fund*- As decided at the last EGM, we have set up a Building Fund, the *NSW Institute of Psychoanalytic Psychotherapy Building Gift Fund*, which will accept donations for the maintenance and purchase of the building. *Please note that all donations to the Building Fund will be fully tax deductible.* It goes without saying that all donations of either units or money will be gratefully received! They can only be used for the specific purposes of maintenance and/or purchase of the building.

- iv) *Welmix*- We are intending to hold two meetings this year to establish the wishes of the Members of both Welmix and NSWIPP with regard to the future of our premises. We will shortly hold a meeting of Unit holders followed by a meeting of NSWIPP Members.

I would like to express, on behalf of

us all, my deep gratitude to our Treasurer, Eva for her deep dedication and hard work in holding us and steering us through both the DGR status provisions and Welmix related issues.

We simply would not have a home without her and the generosity of Welmix unit holders who have made it possible. But the hard work and skill has been Eva's in spending hours and taking the responsibility for keeping us financially afloat. We are deeply grateful Eva.

Thanks are due also to Debbie Beaumont who put considerable effort into this project as a previous Welmix Director.

I would like to acknowledge also the generosity of Julie Smee in accepting the responsibility of acting as co-director of Welmix.

- v) *Painting Project*- -An Executive decision was made to arrange for a quotation for painting of the inside of the building, especially the downstairs meeting room and the upstairs Seminar room.

- vi) *Library News*- We may need to call up a working bee to arrange for moving the library books still downstairs up into the upstairs Seminar Room. Michael Moore's wife, Babette, has generously agreed to provide any necessary cataloguing.

Finally, ideas, comments and constructive criticisms are always welcome from Members and will be raised at the Executive Committee if requested.

Please direct comments to the Chairs of the relevant committees or to Jan Kerpan or myself.

My very best wishes for a creative, enjoyable and successful year ahead.

Anne-Marie

Email: amswan@tpg.com.au Ph: 0418-647273

Theatre Party

A group of NSWIPP members and friends enjoyed the play 'Freud's Last Session' on August 25th last year. Margaret Goodchild wrote to the actor Henri Szeps for his wonderful portrayal of Freud, and following is their correspondence.

-----Original Message-----

From: Margaret Goodchild [mailto:megoodchild@me.com]
Sent: Tuesday, 27 August 2013 10:03 AM
To: henri@szeps.com Subject: Re: Freud

Dear Mr Szeps,

I attended the play "Freud's Last Session" on Sunday in a party with my colleagues from the NSW Institute of Psychoanalytic Psychotherapy.

I wanted to tell you how much I enjoyed the performance and how moved I was by your portrayal of Freud himself. I need not have been concerned about whether anyone in Australia would get the right feel for this man of such significance to Western culture, and I felt that you could almost have been him! He was so tormented by pain, as well as having just left his homeland, and yet he maintained his wit and strength of mind to the end.

Do you know the story, told by Dr Ron Britton, about Freud agreeing to sign an appalling statement about his freedom to work in Vienna before leaving for the UK. He agreed on one condition, that he could add one sentence in his own hand: I can heartily recommend the Gestapo to anyone. You have probably read this, it is quoted by Britton in Sex, Death and the Superego, who took the quotation from Jones. We were all moved by the play and I have ordered the script so that I can catch up on a few of the words/lines I missed.

Yours sincerely
Margaret Goodchild
Child Psychotherapist

From: Henri Szeps <henri@szeps.com>
Subject: RE: Freud
Date: 27 August 2013 12:34:51 PM AEST
To: 'Margaret Goodchild' <megoodchild@me.com>

Dear Margaret

You have warmed the cockles of my heart. Thank you so much for your kind response to the play. I will have to read 'Sex, Death and the Superego' now. What a wonderful line!

Thank you again for coming, and for your kindness.

Warmest wishes,

Henri.

Henri Szeps OAM
PO Box 502, Leichhardt,
NSW 2040, Australia.
+61 418 613 302
henri@szeps.com www.szeps.com

Change of Member Details

Please note the change of practice details for Laurie Lovell-Simons:

Laurie Lovell-Simons

Suite 12, 1a Berry Road
ST LEONARDS NSW 2065
Ph: (02) 9439 9244 or 0408 171 050
lauriels@tpg.com.au

Change of Member Details

Please note the change of practice phone number for Leonie Sullivan: Ph: 8021 9884



ROOMS FOR LEASE/SALE

Clinician's Room Available late March 2014 /
early April 2014

Location: Greenwich / St Leonards

Light, well-presented 28 m sq clinician's office with leafy views and air-conditioning. Shares a waiting area, bathroom and kitchenette facilities with one other office and has secure entry phone access. The office is located at the (quiet) rear of a commercial terrace, is 8 minutes walk from St Leonard's station and has a bus stop outside for City and Chatswood/Manly routes. Good street parking. Suitable for one-to-one or couples work. Other clinicians in the square include: 2 psychiatry practices, a chiropractor, a dentist and 2 surgeon's practices. Rent includes one underground secure parking space and is negotiable, depending on the length of lease.

Contact: Sue Austin on Phone: (02) 9436 0040
or sue@sueaustin.net.au

BIOPIC – DR JACQUI WINSHIP

After starting off her working life as a high school teacher, Jacqui qualified as a clinical psychologist in South Africa in 1995. Her two year Masters degree at the University of Natal (Pietermaritzburg) focused primarily on psychodynamic psychotherapy as the approach to treatment, and Jacqui has built on this core training through supervision in this modality as well as attending a range of workshops on psychoanalytic psychotherapy and relational psychoanalysis.

Jacqui worked in private practice both in South Africa and in Uganda before migrating to Sydney 12 years ago. She currently has a private practice in Bondi Junction, offering psychotherapy for adults, adolescents and couples as well as professional supervision. Jacqui obtained a PhD from the University of Sydney in 2012 and her thesis was awarded the Peter Bancroft prize for research. She is also a co-director of the Center for Advanced Studies in Psychotherapy and Counselling, which provides professional development workshops for psychotherapists, counsellors and other mental health professionals.