



NSWIPP

NSW Institute of
Psychoanalytic
Psychotherapy

Continuing Education Series

NSWIPP is pleased to invite you to a Continuing Education Series entitled

Learning From Experience in Psychoanalytic Psychotherapy

to be held at NSWIPP premises, 123a Mitchell Street, Glebe on

Mondays at 7:30pm

18th August, 22nd September, 27th October, 24th November 2014

Senior Psychoanalytic Psychotherapists and Psychoanalysts are invited to speak about those concepts which have greatly informed their psychotherapeutic practice during their working lives.

These presentations will integrate theory and practice and will be illustrative with clinical material. The programme is listed below:-

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| 18th August | Dr Marilyn Charles
<i>“Through the Looking Glass: Working with Trauma”</i> |
| 22nd September | Dr Ken Israelstam
<i>“Analytically Influenced Couples Therapy”</i> |
| 27th October | Lorraine Rose
<i>“The infant within: The Infant in the therapeutic process”</i> |
| 24th November | Chris Fairall
<i>“Where do the Waves Come from. The Adolescent Idea: long term work with an adolescent”</i> |

Cost for the series is \$140 including GST. Places are limited so please RSVP to Jan Kerpan on nswipp2@bigpond.com or 02 9558 3175.

Maria Kourt, Jan Williams and Michael Moore
CEAB INREACH SUB-COMMITTEE

Direct Debit Details

Bank: St George

BSB: 112-879

Account No: 041219957

****CPD Points Available****

Account Name: NSW Institute of Psychoanalytic Psychotherapy

18th August

Dr Marilyn Charles

“Through the Looking Glass: Working with Trauma”

Marilyn Charles is a staff psychologist at the Austen Riggs Center and a psychoanalyst in private practice in Stockbridge, MA. As the Co-Chair of the Association for the Psychoanalysis of Culture and Society (APCS) and President-Elect of Division 39 (Psychoanalysis) of the American Psychological Association, she is actively engaged in mentoring and promoting community involvement for those in the helping professions, and supports psychoanalytic training, outreach, and research initiatives. Research interests include creativity, psychosis, resilience, and the intergenerational transmission of trauma. Marilyn has presented her work nationally and internationally, publishing over 80 articles and book chapters and four books: *Patterns: Building Blocks of Experience*, *Constructing Realities: Transformations through Myth and Metaphor*, *Learning from Experience: a Guidebook for Clinicians*, and *Working with Trauma: Lessons from Bion and Lacan*. Currently in progress: *The Stories We Live: Life, Literature, and Psychoanalysis*.

Working with individuals struggling with psychotic experience invites us through the looking glass into a realm in which trauma expresses itself through the symptoms we must learn to read when words fail. Using case illustrations, we will look at psychoanalytic conceptualisations that are useful to have in mind when working with trauma. Under discussion will be cases of individuals who were driven mad by their life experiences but whose madness was contained through the meanings we were able to make and hold together with one another.

Trauma expresses itself through the symptoms we must learn to read when words fail, as we sit with the distress and let the symptoms speak to us as best they might. Meeting the individual where he is helps avoid further traumatising him by denying his reality as he expresses it. I will first speak about my ideas about traumatisation, psychosis, and the importance of the Subject from a Lacanian perspective, and offer ideas from Bion and Lacan that are particularly useful to have in mind when working with traumatised individuals. The conceptualisations will be illustrated with cases of individuals who were driven mad by their life experience but whose madness was contained through the meanings we were able to make and hold together with one another.

22nd September

Dr Ken Israelstam

“Analytically Influenced Couples Therapy”

Dr Ken Israelstam is a training analyst and a member of the Australian Psychoanalytical Society, the International Psychoanalytical Society and the European Federation of Psychoanalysis. He is in private practice in Sydney, and has a special interest in working with couples.

When the roots of the Angophora tree penetrate through the cracks of the sandstone rock, we have a coming together of two entities of nature. When all is well, we have the makings of something productive, that is more than the sum of the two parts. In this workshop Ken Israelstam will first describe briefly how his early experiences of the various systemic therapies he has worked with formed the basic “sandstone rock” of his work with couples. He will then, with the use of clinical material, attempt to illustrate how his psychoanalysis entered this bedrock, in a way that has hopefully been mutually enhancing.

27th October

Lorraine Rose

“The infant within: The Infant in the therapeutic process”

Lorraine Rose is a psychologist and analytic psychotherapist in Sydney. She is the author of 'Learning to Love', a book for parents on the emotional world of the baby during the first year. She was a founding member of PIFA and has an ongoing interest in early developmental dynamics in individuals and groups.

“Over the years I have learnt the value of having a deep understanding of the normal process of early emotional development. This knowledge is of great assistance when assessing the needs of the patient. My experience also concurs with the neuroscience, that the early years are critical in laying down a template or pattern for future relationships. Finally understanding bodily and wordless states of being are an essential part of our therapeutic skills.”

24th November

Chris Fairall

“Where do the Waves Come from. The Adolescent Idea: long term work with an adolescent”

Christopher Fairall is a Psychologist who completed his training in Adolescent and Child Psychotherapy with NSWIPP. He has worked in a variety of settings including hospital departments of Child and Family Psychiatry, juvenile detention centres, in the community and in private practice. He has an ongoing interest in the growth of the individual personality and the mind in the context of the culture of the group and the organisation.

What does it mean to be a person - a member of a group, a citizen, a psychotherapist? Through an examination of the processes of a single session the author reflects upon the place of the session, as a moment in time, to and in the context of the therapy as a whole.

Taking adolescence both as a developmental phenomenon in its own right and as a model for what might be considered one of the aims of psychoanalytically-oriented psychotherapy - i.e. an increasingly integrated sense of authentic Self experience associated with the emergent capacities of an autonomously functioning indigenous mind - the author considers the place of contemporary popular culture (Quentin Tarantino's *Django Unchained* and David Foster Wallace's *Infinite Jest*) both as it presents in the session and to the therapy more broadly in the context of this aim. In doing so questions arise as to the nature of 'the work' (we do/imagine ourselves to do as psychotherapists), the position of the therapist in relation to this work, the operation of multiple consciousnesses and different levels of consciousness, and the potential, ever present, for perversion.