



# NSWIPP

NSW Institute of  
Psychoanalytic  
Psychotherapy

P.O. Box 4050 Winmalee NSW 2777 Tel: 0406 975 434 Fax: 9423 6953  
Email: [nswipp4@bigpond.com](mailto:nswipp4@bigpond.com) Web: [www.nswipp.org](http://www.nswipp.org)

## NOVEMBER 2014 NEWSLETTER

Editor: Anne-Marie Swan

### **Calendar of Meetings:**

#### **Saturday 22 November 2014**

\*INREACH MEETING – 2:30pm, Glebe

#### **Monday 24 November 2014**

\*INREACH MEETING – 7:30pm, Glebe

#### **Thursday 27 November 2014**

CEAB MEETING – 7:30pm, Glebe

#### **Friday 5 December 2014**

EC MEETING – 3:45pm, Glebe

#### **Saturday 13 December 2014**

CURRICULUM MEETING  
2.00pm, Glebe

#### **Monday 15 December 2014**

\*\*ATAB MEETING – 7:45pm, Glebe

\*Events marked with an asterisk are open to trainees provided there are no boundary issues.

\*\*ATAB meetings are normally held on the 3<sup>rd</sup> Monday of every month. If you would like to attend, please contact Lyndall on 0406 975 434.

#### **Open Peer Group Meeting**

There is no Open Peer Group (OPG) meeting in November.

#### **Please note the following fixed dates:**

1<sup>st</sup> Monday-Open Monday

2<sup>nd</sup> Monday-Open Peer Group

3<sup>rd</sup> Monday- ATAB Meeting

4<sup>th</sup> Monday-Inreach Meeting

5<sup>th</sup> Monday-Open Monday

#### **Inreach Meeting – 22<sup>nd</sup> November 2014, 2:30pm**

The next Inreach meeting will be held on Saturday, 22<sup>nd</sup> November 2014 at 2:30pm. “Love in Our Own Time” – a documentary film by Tom Murray. NSWIPP members, guest members, associates, affiliates and trainees are warmly invited to attend. Cost to non-members is \$40 including GST. Afternoon tea provided.

RSVPs to Lyndall on 0406 975 434 or [nswipp4@bigpond.com](mailto:nswipp4@bigpond.com).

#### **Inreach Meeting – 24<sup>th</sup> November 2014, 7:30pm**

NSWIPP Inreach Series – Learning from Experience in Psychoanalytic Psychotherapy -4<sup>th</sup> presentation: “*Where do the Waves Come from. The Adolescent Idea: long term work with an adolescent*”- Chris Fairall

NSWIPP members, guest members, associates, affiliates and trainees are warmly invited to attend. Cost to non-members is \$40 including GST.

RSVPs to Lyndall:0406975434 or [nswipp4@bigpond.com](mailto:nswipp4@bigpond.com).

### **Future Events:**

#### **Sunday 7 December 2014**

END of YEAR PARTY

4 – 7pm, 31 Arundel St, Glebe

#### **Monday 23 February 2015**

ISLA LONIE LECTURE

7:30-9.00pm, Glebe

## Contact Details:

### Secretariat:

**President:** Dr Anne-Marie Swan  
[amswan@tpg.com.au](mailto:amswan@tpg.com.au) 0418 647 273

**Secretary:** Lyndall Rees  
[nswipp4@bigpond.com](mailto:nswipp4@bigpond.com) 0406 975 434

**Treasurer:** Dr Eva Balint  
[evalint@bigpond.com](mailto:evalint@bigpond.com) 9436 3031

### Committees:

**ATAB:** Dr Michael Moore  
[mfmoore@edgehill.com.au](mailto:mfmoore@edgehill.com.au) 9552 2455

**CEAB:** Maria Kourt  
[mariakourt@aapt.net.au](mailto:mariakourt@aapt.net.au) 0422 883 948

**MAB:** Julie Smee  
[jaspinsmee@hotmail.com](mailto:jaspinsmee@hotmail.com) 0417 684 052

**ETHICS:** Anne-Marie Swan  
[amswan@tpg.com.au](mailto:amswan@tpg.com.au) 0418 647 273

**LIBRARY:** Julie Smee  
[jaspinsmee@hotmail.com](mailto:jaspinsmee@hotmail.com) 0417 684 052

**PREMISES:** Jan Williams  
[janawill@bigpond.com](mailto:janawill@bigpond.com) 9660 0178

## President's Notes:

Dear All,

### 1. Purchase of Premises

Many thanks to all Members who voted in the EGM in August in favour of purchasing our premises at 123a Mitchell Street, Glebe. The vote was outstandingly supportive of the Resolution with 51 out of 54 Members voting in favour and no-one voting against.

We must now begin the work of actualizing this by securing a mortgage and paying out Welmix Unit holders. Please be patient with this process which is already in train but will take some time to achieve. We will keep Members informed of progress in an ongoing way.

Again I want to take this opportunity to thank all the Welmix unit holders who have kept us afloat to this point where we are able to purchase the premises and to the Directors of Welmix: Wayne Mason and Debbie Beaumont, Julie Smee and Eva Balint.

Special thanks is due to Eva who has worked tirelessly and done an extraordinary job in gaining us tax exempt status as an educational Institute and donor gift recipient status which has enabled the setting up of the NSWIPP Building Gift Fund, allowing tax deductible donations to be made for the purchase and maintenance of the Premises.

Eva will soon be sending out a letter to Unit Holders and also Members of NSWIPP who are not Unit holders about the progress to date.

### 2. End of Year Party: Sunday 7<sup>th</sup> December, 4-7pm

The End of Year Party will again be held in my home in Glebe (Front entrance- 31 Arundel Street / Back entrance 14 Catherine Street).

Please note that parking in Arundel Street is unrestricted on Sundays.

We will have the same 7 piece Jazz band, *Next on the List*, with a vocalist, sparkling wine, soft drink and cocktail food. Trainees will be present for the first part of the evening and are most welcome.

Members should take this opportunity to get to know them.

It was a great night last year and is probably the only occasion on which most of us get to just relax together so I would urge you all to come. You are very welcome to use the house as well as the yard and just enjoy the night. Many thanks to the CEAB who are organising the event this year.

More details will be soon available.

### **3. Dadirri Weekend: 10<sup>th</sup>- 12<sup>th</sup> October**

A total of 10 members enjoyed this weekend away at Yanada, a Buddhist Retreat Centre near St. Alban's and Wiseman's Ferry.

The theme of the weekend was *Finding a Common Thread* and we played the film of the same name shown at the APAS Open Days earlier this year. Gill Straker did an excellent job of facilitating discussion on the first day and we were able to discuss many issues to do with our strengths as well as our difficulties in finding the 'common thread' that binds us together as members of our Institute.

The key issue that came out of the weekend was the centrality of relationship as the common thread that can bind us together. Along with this was the importance of our finding ways of building relationships within the Institute. A key barrier to this was felt to be the difference between those Members who have no difficulty in speaking and those who have difficulty being heard. Another barrier was the way in which we manage the transition points within the Institute, especially the transition from trainee to member and from active to retired member or ex-member.

Three key solutions were identified: 1. The idea of buddying/mentoring for new members. MAB to organise. 2. The idea

of reviving and revitalizing the Telephone Tree into small cluster groups based on natural 'family' or relational groupings. Anne-Marie to organise. 3. The idea of organising a Dadirri weekend for trainees. TAB to organise.

Overarching these ideas was a general consensus about the importance of keeping the spirit of Dadirri alive. There was general agreement to repeat the weekend next year.

Apart from the good work accomplished, we all enjoyed the wonderful peace of Yanada, the sound of the bellbirds, the fabulous food, swims in the pool and walks in the bush.

### **4. ATAB**

Training is progressing well under Michael's excellent leadership and the tremendous work of the TAB and Progress Committee. Margaret Goodchild has resigned from the Progress Sub-committee and I would like to express our gratitude for the great contribution she has made to date. Once again many thanks to the large number of Members who contribute to the training by teaching, supervision and therapy.

### **5. CEAB**

Maria Kourt has kindly agreed to take up the role of Chair of the CEAB in an attempt to better co-ordinate the work of both Inreach and Outreach. Many thanks as well to Jan Williams of Inreach and Dorothy Francis of Outreach who continue to hold these Committees together.

We have had an excellent year for both Inreach and Outreach running both the Trauma series and the Learning from Experience seminar series which have been sell-out events and have attracted wide interest from a diversity of sources which is great for our public profile.

The Carol Gregory Workshop on Cognitive Analytic Therapy for the Elderly was also a great success and Carol has agreed to repeat this series for a broader clinical population next year.

#### 6. Premises Committee

Many thanks to Jan Williams for organising the painting of the Premises which I think all agree looks great.

#### 7. Website: [www.nswipp.org](http://www.nswipp.org)

Again I want to express gratitude on behalf of us all to Dorothy Francis for the great work she has put into giving us a really impressive Website.

We need to get on board with this initiative if we want to stay relevant in the 21<sup>st</sup> Century and I would urge Members to visit it frequently and to learn to use it. We'll be running a Web Workshop for Members next year to learn more about using it where everyone can bring their laptop or iPad.

#### Tips for Beginners:

1. Please note the correct Web address above. It does not have an au in it.
2. You will not be able to log in until you first register. If you click on Register at the right-hand top of the page you will be able to enter a username and password. Once this has been processed by the Webmaster you will be able to log in using this username and password.
3. Write down your username and password somewhere safe so you do not forget it.
4. If you have any problems either registering or logging in contact the Webmaster, Christophe at [info@creativecentral.com.au](mailto:info@creativecentral.com.au). You will find this address by clicking on Support at the bottom of the Home Page.
5. If you have Windows, go to *Page* at the top of the Web page and click on

*Save As*, then *Desktop*. This will put the NSWIPP portal on your desktop.

6. If you have an iPad go to the icon at the top of the page that is an oblong with an upward arrow and click on it, and then click on *Add to Home Screen*.
7. You will be prompted at some stage to click *Remember Me/Remember this password*. If you click on this it will remember your username and password for you. You will then be able to just click on the NSWIPP Website whenever you open your computer or iPad without having to remember anything. With an aging population this can only be a good thing!!

Good luck!! There are some great Resources on the Website, including papers by Members and hopefully we can begin to use it in an interactive way.

Finally, I would like to wish each and every one of you a good End of Year, Christmas, Hanukkah and Holiday Season. It's been a good year for the Institute and I look forward (after a good rest!) to our having a happy, prosperous and successful New Year.

Warm regards to you all.

Thank you for your continued support.

Anne-Marie

Ph: 0418-647 273 / [amswan@tpg.com.au](mailto:amswan@tpg.com.au)